



Triple Play

Variations to kickball game

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Equipment needed:

3 balls (examples: soccer balls, dodgeballs, footballs)



4 bases (or cones they can run around)



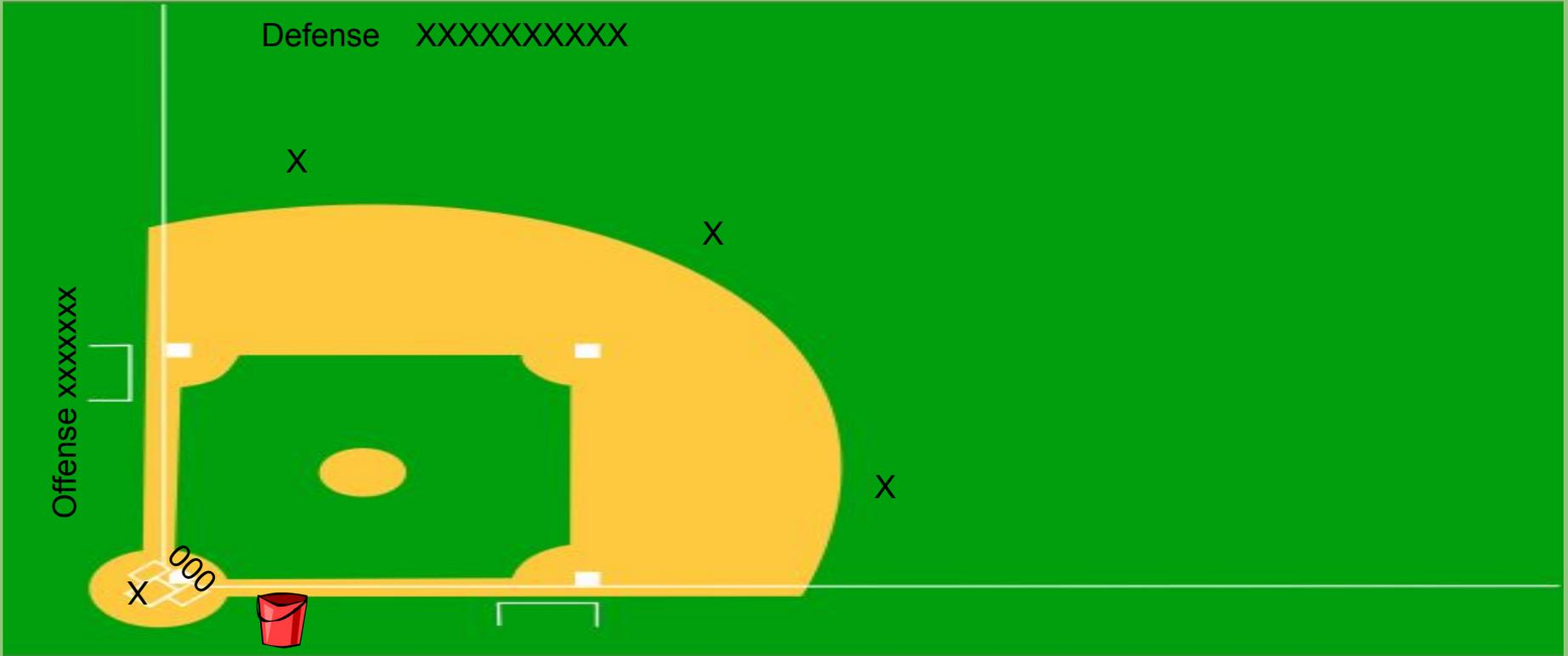
2 cones (for lines)



Bucket (3 poly spots can be used and or 1 hula hoop)



TRIPLE BALL SET UP



How to play...

Split class in half into 1 offensive team and 1 defensive team

1 kicker/thrower steps up to the 3 placed balls and kicks/throws all of them.

3 on defense go and field the balls then bring them and place them in the bucket, hula hoop, or Poly Spots depending on how you set it up.

Offense can run around the bases counting each one as a score when they cross home plate until the balls are all placed by defense. Play stops and starts over with 3 new defense and 1 offensive player. (keep a running score for each team)

I let all of offense have a turn then switch the teams from offensive to defensive, defense to offense.

REPEAT!

Variations...

Use feet only with soccer balls. Have 3 players each kick a ball.

Defense must use feet also and dribble ball back to a goal and shoot on goal, or into a hoop, and they need to ‘trap’ it in the hoop.

Use can add passing in as a skill if one player is open closer to the goal.

For throwing you can have defense throw the ball to the closest person near the bucket.

Play in continuous mode where once balls are back offense can grab them and set up quick, new defense steps up and fields. If they aren't paying attention they will get scored on a lot. So this keeps kids on their toes and held accountable.

How to set up field....

Set up a baseball diamond (I've done this outside and in the gym) **SMALL DIAMOND WORKS BEST, more runs scored.**

1 cone behind home plate for offense to line up

1 cone in the outfield for defense to line up

1 bucket to the side of 1st base outside the base path (for safety)

Can also set it up with three cones the same way but they just run around the cones, touching each cone in a 1, 2, 3, then Home pattern.

You can also use a hula hoop instead of a bucket. Balls must be placed in the hoop.

Variations depend on preference and type of balls used.