

# Using a Coordinated School Health Approach in Tennessee's Schools

### **COMPREHENSIVE HEALTH EDUCATION**

- ➤ Educate students on importance of protecting their eyesight
- Reinforce importance of injury prevention/safety education (ie. Safety goggles)

## PHYSICAL EDUCATION/PHYSICAL ACTIVITY

- Utilize and promote proper safety equipment needed to protect the eyes
- Inspect and maintain equipment properly

### **NUTRITION SERVICES**

- > Serve foods the promote eye health
- Posters in cafeteria that inform of ways good nutrition can help eyesight

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#### **HEALTH SERVICES**

- Continue to include vision screenings with annual health screenings provided in schools
- Maintain existing/create relationship with programs such as SAVE and other mobile vision examination organizations providing additional follow up vision services

# **Vision**

# **YOUTH, PARENT & COMMUNITY INVOLVEMENT**

- Recruit local nursing students, optometry schools, and optometrists to help with vision screenings
- Health Fairs
- Mobile Vision Exam Resources
- Partner with local agencies to promote eye health (i.e. Lions Club)



### **COUNSELING & BEHAVIORAL SERVICES**

- Provide school staff with stats/info on how poor eyesight correlates to behavioral problems in the classroom
- Educate staff on how to identify a child who is experiencing vision issues; How to address issue with parent

### **STAFF WELLNESS**

- Offer vision screenings to staff and employees in schools
- Educate teachers on what to look for if a student is having difficulty with vision in class
- Discuss, via newsletter, common diseases that could possibly lead to vision impairment (i.e. diabetes)

### **PHYSICAL & SOCIAL ENVIRONMENT**

- Post reminder signs in labs to wear goggles when doing lab experiments
- Ensure playground/gym equipment and general areas are free from any potentially harmful objects