**The phys. Ed. Express**

**gmsd**

Check out new site:

[](https://coachmartinpe.weebly.com/)

**The latest news for gmsd phys ed:**

1. [Virtual Run Challenge](https://docs.google.com/forms/d/1Y6NXUjVzwYpLCV5UnQ7OKnogTiqulTzI2dLw5tA4Kzw/edit) for Breast Cancer Awareness is still taking place. Help Spread the word and get your schools involved!
2. [Walk Across TN](https://sites.google.com/germantown-tn.gov/classrooms-walk-across-tn/home) registration is now available for classrooms and teacher teams! Spread the word and get others involved!
3. [Virtual Yoga registration](https://docs.google.com/forms/d/e/1FAIpQLSeKbfB75ebEBMfG7-SdRTFTdzU1V7qCiDDjzyA1JPT2mwcArQ/viewform) is now available for ALL in GMSD! Spread the word and get your students and staff signed up!
4. We will start a new initiative in November called “No Smoke November” to aid in Anti-Tobacco education. Keep teaching the Catch Your Breath program, as this ties into that program!
5. PE Portfolio meeting #1 is next Thursday @ District Office from 4:00-5:00. (Register in Frontline to receive FLEX hours)
6. USA Karate is partnering with CSH to help with several initiatives. If you’re interested in having them come for a demo with your classes, let me know!

**Noteworthy mentions:**

1. HST’s have started off the year great! Thank you for getting reports in on time! Meeting 1 notes and SHI are due to me by October 9th (if you haven’t completed those yet).
2. Congrats to Kim Martin, HHS, for being names our district’s Lead PE Teacher! Kim and I will collaborate on a lot of exciting things throughout the year for the benefit of ALL GMSD students!
3. Congrats to Coach Coleman, FES, for the amazing work he’s done raising money through his cycling initiative (over $8,000 raised to help with child cancer).
4. PE equipment has been ordered and several of you have started to receive things. Be patient if you haven’t received all items, as they’ll arrive soon.

**Programs to enhance your p.e. classes:**

1. Marathon Kid’s Connect Run Clubs

<https://marathonkids.org/connect/>

1. Kid’s Heart Challenge

<https://www2.heart.org/>

1. Fuel-Up to Play 60

<https://www.fueluptoplay60.com/>

1. Sworkit

<https://sworkit.com/>

Google drive

[](https://drive.google.com/drive/u/0/folders/1T5D_XKt6vtWbzMXH78W2O5JuWtbntmT-)

Pe schoology page

[](https://gmsd.schoology.com/course/2773931031/materials)