TEAM TIGERS

Everyone run one lap.

1. Each person jumprope 5 squared times
2. Dribble a basketall 75 minus 20 times
3. 30 divided by 3 pushups
4. The difference of 25 and 15 tuck jumps

Everyone run one lap.

1. Slide across the gym and back
2. Jump over a line 7 x 7 times
3. High five push ups with someone in your group 5 x 2 times
4. 3 x 30 divided by 9 jump jacks

Everyone run one lap.

1. The sum of 35 + 15 jump rope
2. Take a basketball around your waist the product of 4 x 12 times
3. Sit up 50 less than 70 times
4. Give a high five to everyone on your team

Everyone run one lap.

1. Carioca across the gym and back
2. Gallop to the end of the gym and broad jump back
3. The sum of 7 + 25 heel raises
4. The product of 5 x 2 squats

Everyone on your team sit in the center circle and yell, “I LOVE PE.”