**Student Journal- Physical Education**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Period: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In today’s class we worked on strategies in basketball, which incorporated the use of communication and cooperation. Be as descriptive as possible and provide specific examples whenever possible.

1. Name the communication and cooperation strategies your team used to enhance performance (i.e. teamwork)?
2. Did your team cooperate well with one another? Why or why not?
3. What were the appropriate and inappropriate forms of communication (verbal, non-verbal) used today?

* Appropriate:
* Inappropriate:

1. How did you personally contribute to the success of your team?
2. Did today’s experience enhance your meaning of communication and cooperation? With either answer, provide rationale.