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| --- | --- | --- | --- | --- | --- | --- | --- |
| Mature Pattern Critical Elements | All four well Thrown Balls were caught | Extend arms or hands out to ball | Hands are position with palms up | Catch with hands only | Absorbs catch on contact (either hands relax, elbows bend pulls it in | Overall Score | Overall Growth |
| Students | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Growth |
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**Student Growth Recording Sheet**

**Underhand Catch**

0-Critical Element Not Met 1-Critical Element Met