**Sport Activities (Individual/Team)**

**How To Play, Skills/Drills and Greatest Plays/Players**

**#1. Basketball** How To Play Video <https://www.youtube.com/watch?v=wYjp2zoqQrs>

NBA Basketball Skills Video <https://jr.nba.com/jrnbaathome/>

Basketball Ball Handling/Dribbling Skills Video<https://www.youtube.com/watch?v=KJEb6O-cjhU>

Basketball Passing Skills Video <https://www.youtube.com/watch?v=SbOsxamKyzY>

Basketball Stephen Curry Skills Video <https://www.youtube.com/watch?v=dcDW6drsnEo>

Basketball Shooting Skills Video <https://www.youtube.com/watch?v=BeqJutRP2bo>

NBA Basketball Greatest Plays Video <https://www.youtube.com/watch?v=U-R_7BrPIVs>

**#2. Football** How To Play Video <https://www.youtube.com/watch?v=Ddwp1HyEFRE>

NFL Football Skills/Activities Video <http://www.nfl.com/play60>

Football Throwing Skills Video <https://www.youtube.com/watch?v=cmavBgyXFnA&feature=emb_rel_end>

Football Receiver Skills Video <https://www.youtube.com/watch?v=BkEsX9KAtUo>

Football Catching Skills Video <https://www.youtube.com/watch?v=59F3kpBUn0Q>

NFL Football Greatest Plays Video <https://www.youtube.com/watch?v=hodSGFxacI4>

**#3. Soccer** How To Play Video <https://www.youtube.com/watch?v=qg566N-eDWo>

Soccer Skills Video <https://www.youtube.com/watch?v=z7jP3moQi9c>

Soccer Greatest Goals Video <https://www.youtube.com/watch?v=bKOTKHtbM54>

**#4. Softball** How To Play Video <https://www.youtube.com/watch?v=DwVYejPGS-k>

Softball Fielding Skills Video <https://www.youtube.com/watch?v=ni5lPMbypp0>

Softball Hitting Skills Video <https://www.youtube.com/watch?v=leDfLWdAZQk>

Softball Greatest Plays Video <https://www.youtube.com/watch?v=N2A9GsHbbVU>

**#5. Handball** How To Play Video <https://www.youtube.com/watch?v=69Ap8WsenXc>

Handball Skills Video <https://www.youtube.com/watch?v=1YLCQJIgIlA>

Handball Greatest Goals Video <https://www.youtube.com/watch?v=bRMLs7n-G64>

**#6. Hockey** How To Play Video <https://www.youtube.com/watch?v=TVVBDLo3QpI>

Hockey Skills Video <https://www.youtube.com/watch?v=0ztyttPqwoI>

Hockey Greatest Players Video <https://www.youtube.com/watch?v=rKKaB-SEWBM>

**#7. Lacrosse** How To Play Video <https://www.youtube.com/watch?v=W03VtWxOM_M>

Lacrosse Skills Video <https://www.youtube.com/watch?v=iM8rHj4iPTI>

Lacrosse Greatest Players Video <https://www.youtube.com/watch?v=rsi-DnDLkAA>

**#8. Volleyball** How To Play Video <https://www.youtube.com/watch?v=9g7nYQv-kPM>

Volleyball Skills Video <https://www.youtube.com/watch?v=_qQZSwT531Y>

Volleyball Skills Video <https://www.youtube.com/watch?v=XDKKHUyDpOo>

Volleyball Skills Video <https://www.youtube.com/watch?v=IxaYtKJt92U>

Volleyball Greatest Women Players Video <https://www.youtube.com/watch?v=jxSUkmc3VY0>

Volleyball Greatest Men Players Video <https://www.youtube.com/watch?v=4v87dXutqmo>

**#9. Badminton** How To Play Video <https://www.youtube.com/watch?v=UyLIi-TbcFc>

Badminton Skills Video <https://www.youtube.com/watch?v=SF8G--iZN4U>

Badminton Greatest Plays Video <https://www.youtube.com/watch?v=C8N2ZEb76W8>

**#10. Ping Pong** How To Play Video <https://www.youtube.com/watch?v=zSKpxB3rOB8>

Ping Pong Skills Video <https://www.youtube.com/watch?v=GbCO46F6b0I>

Ping Pong Greatest Plays Video <https://www.youtube.com/watch?v=KpllAjxOIUU>

**#11. Tennis** How To Play Video <https://www.youtube.com/watch?v=1P_Das6OjAk>

Tennis Skills Video <https://www.youtube.com/watch?v=WgmzdLQ4hdQ>

USTA TennisSkills/Activities Video <https://www.usta.com/en/home.html>

Tennis Greatest Matches Video <https://www.youtube.com/watch?v=rVqIMW0TXtw>

**#12. Pickleball** How To Play Video <https://www.youtube.com/watch?v=Se7wIlGeo_o>

Pickleball Skills Video <https://www.youtube.com/watch?v=ihKuoy8YfrU>

Pickleball Skills Video <https://www.youtube.com/watch?v=ZpESv_bhoyE>

Pickleball Greatest Shots Video <https://www.youtube.com/watch?v=BplwcQ5Tvao>

**#13. Golf** How To Play Video <https://www.youtube.com/watch?v=IcaFTHeVQ7w>

Golf for Beginner Skills Video <https://www.youtube.com/watch?v=xxi4zG0Mig0>

Golf Skills Video <https://www.youtube.com/watch?v=oSFeF7PNamc>

Golf’s Luckiest Shots Video <https://www.youtube.com/watch?v=gMAMhGuhXDw>

**#14. Disc Golf** How To Play Video <https://www.youtube.com/watch?v=hfHnT1HilMM>

Disc Golf Skills Video <https://www.youtube.com/watch?v=T7Buk1Hn8jM>

Disc Golf Greatest Shots Video <https://www.youtube.com/watch?v=rFmEKbAeL0Q&t=111s>

**#15. Ultimate** How To Play Video <https://www.youtube.com/watch?v=UnNUEvs2Ev0>

Ultimate Skills Video <https://www.youtube.com/watch?v=7SEst7XLNIU>

Ultimate Greatest Players Video <https://www.youtube.com/watch?v=uq3pg0JcJSI>

**#16. Cornhole** How To Play Video <https://www.youtube.com/watch?v=Jk-eGSWvPK4>

Cornhole Skills Video <https://www.youtube.com/watch?v=0ac_0wGcMnU>

Cornhole Greatest Throws Video <https://www.youtube.com/watch?v=ZFlFoPiXmuQ>

**#17. Bocceball** How To Play Video <https://www.youtube.com/watch?v=v3slD-qDIW8>

Bocceball or Bowls How To Play Video <https://www.youtube.com/watch?v=4dtqei4K5Rw>

Bocceball Skills Video <https://www.youtube.com/watch?v=_bJx_BmgvzI>

Bocceball Greatest Match Video <https://www.youtube.com/watch?v=Fy_nGGK2u9g&t=4922s>

**#18. Horseshoes** How To Play Video <https://www.youtube.com/watch?v=ppdOZWTq6jo>

Horseshoe Skills Video <https://www.youtube.com/watch?v=Zo_iAUqwaFg>

Horseshoe Skills Video <https://www.youtube.com/watch?v=gbPtbowEVJs>

Horseshoe Greatest Player Video <https://www.youtube.com/watch?v=IHD_nG8uY1Y>

Horseshoe World Championship Video <https://www.youtube.com/watch?v=vH3Xtfk4fJU>

**#19. Bowling** How To Play Video <https://www.youtube.com/watch?v=E2d8PizMe-8>

Bowling Skills Video <https://www.youtube.com/watch?v=fOuFF7dGPtI>

Bowling’s Greatest Players Video <https://www.youtube.com/watch?v=FmrTCXBInsc>

**#20. Kan Jam** How To Play Video <https://www.kanjam.com/how-to-play>

Kan Jam Skills Video <https://www.youtube.com/watch?v=9_ZRhuLI_20>

Kan Jam World Championship Video <https://www.youtube.com/watch?v=5L2mTktX64M>