

Name/Title: **Small Group Bowling with Score Sheet**

Purpose of Event: The purpose of this activity is to have the students practice bowling technique while working in small groups and also practice basic math skills by keeping score on a score sheet.

Prerequisites: [Bowling \(underhand toss/throw\) cues](#), process of taking turns, good sportsmanship and counting skills (talk with classroom teacher)

Suggested Grade Level: 1-2

Materials Needed:

Three Pins for each group of three students

Bowling ball for each group of three students (have different sizes available)

[Score sheet](#) for each group of three students

Writing utensil for each group of three students

Floor tape (Make three dots of tape in a triangle formation on floor so students know where to set pins)

Description of Idea

Go over [bowling \(underhand toss/throw\) cues](#) prior to activity.

Place students in groups of three and give them a "bowling alley" to play (three pieces of floor tape will be marked in a triangle formation for each group of students to play.)

Once each group has their "bowling alley" area, send each group to retrieve three pins, choice of bowling ball, scoring sheet and a pencil.

Demonstrate with two students how to take turns and keep score and set the pins up using the floor tape.

Directions

The students take turns rolling the ball using proper technique trying to knock down the three pins. The student will get one turn at a time. After the student takes their own turn, he/she will write down their score on their sheet. It will then be another students' turn. The three students rotate their turns and keep track of their score.

Besides the scoring component, which is very important, the structure of the activity really makes it easier for younger students to eliminate wasted time and problems that can occur in small groups. The students know exactly how to set the pins of perfectly for each turn because of the floor tape and also do not have to go anywhere to retrieve the ball since the pins are set up right against the wall. The score sheet also reminds students of whose turn it is each time because they can see the order and who did not go each time. In addition, it is also great to work on writing numbers and using basic math skills.

Variations:

This lesson can be taught to all grade levels with the distance of bowling being increased.

More bowling pins can be utilized to make it a more traditional bowling game with more floor tape.

Students can take two turns in a row to work on "spares".

Vocabulary of bowling could also be introduced.

Assessment Ideas:

The [score sheet](#) is a great way to see if the students are taking equal amounts of turns, playing fairly, sharing, keeping accurate scores and to see if the students have the ability to find the sum of their scores after the completion of the activity.

A rubric for good teamwork and sportsmanship can be used if Affective objectives are utilized.

A rubric for bowling technique can also be used for Psychomotor assessment of skills.

Adaptations for Students with Disabilities:

This activity is great for differentiations. The distance of where to bowl can be altered if necessary. The distance of how far apart the pins can also be altered. Students can also be teamed with helpers to keep score if necessary. This lesson is also great for working on gross and fine motor skills.

Submitted by **Seth Shapiro** in Philadelphia, PA. Thanks for contributing to PE Central! **Posted on PEC: 6/3/2016**. Printed 1939 times since 7/30/2015.

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