

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

**Module 1: School Health and Safety Policies and Environment
Score Card**

Instructions

3. Carefully read and discuss the Module 1 Discussion Questions (pages 5-37), which contains questions and scoring descriptions for each item listed on this Score Card.
4. Circle the most appropriate score for each item.
3. After all questions have been scored, calculate the overall Module Score and complete the Module 1 Planning Questions located at the end of this module (pages 38-39).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Representative school health committee or team	3	2	1	0
CC.2	Written school health and safety policies	3	2	1	0
CC.3	Communicate health and safety policies to students, parents, staff members, and visitors	3	2	1	0
CC.4	Positive school climate	3	2	1	0
CC.5	Overcome barriers to learning	3	2	1	0
CC.6	Enrichment experiences	3	2	1	0
CC.7	Local wellness policies	3	2	1	0
CC.8	Standard precautions policy	3	2	1	0
CC.9	Professional development on meeting diverse needs of students	3	2	1	0
CC.10	Prevent harassment and bullying	3	2	1	0
CC.11	Active supervision	3	2	1	0
CC.12	Written crisis response plan	3	2	1	0
CC.13	Student involvement in decision-making	3	2	1	0
S.1	Safe physical environment	3	2	1	0
S.2	Maintain safe physical environment	3	2	1	0
S.3	Staff development on unintentional injuries, violence, and suicide	3	2	1	0
PA.1	Access to physical activity facilities outside school hours	3	2	1	0
PA.2	Adequate physical activity facilities	3	2	1	0
PA.3	Prohibit using physical activity as punishment	3	2	1	0
N.1	Prohibit using food as reward or punishment	3	2	1	0
N.2	Access to free drinking water	3	2	1	0
N.3	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	3	2	1	0
N.4	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	3	2	1	0
N.5	At the high school level, beverages sold during the school day exceed the USDA's Smart Snacks in School nutrition standards	3	2	1	0
N.6	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	3	2	1	0
N.7	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	3	2	1	0
N.8	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	3	2	1	0
N.9	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	3	2	1	0

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N.10	Food and beverage advertising and promotion	3	2	1	0
T.1	Prohibit tobacco use among students	3	2	1	0
T.2	Prohibit tobacco use among school staff members and visitors	3	2	1	0
T.3	Enforce tobacco-use policies	3	2	1	0
T.4	Prohibit tobacco advertising	3	2	1	0
A.1	Written policies for carry and self-administration of quick-relief medications	3	2	1	0
A.2	Professional development on asthma	3	2	1	0
A.3	Implement indoor air quality practices	3	2	1	0
A.4	Implement integrated pest management practices	3	2	1	0
SH.1	Non-discrimination on the basis of HIV infection policy	3	2	1	0
SH.2	Confidentiality of HIV status	3	2	1	0
SH.3	Professional development for all staff members on HIV policies or laws	3	2	1	0
SH.4	Professional development for administrators and teachers on HIV, other STD, and pregnancy prevention	3	2	1	0
SH.5	Non-discrimination on the basis of pregnancy or parenting status policy	3	2	1	0
SH.6	Strategies to meet the needs of LGBT youth	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (129) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.				
MODULE SCORE = (Total Points / 129) X 100				%

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Module 1: School Health and Safety Policies and Environment

Planning Questions
(photocopy before using)

The Module 1 Planning Questions will help your school use its School Health Index results to identify and prioritize changes that will improve policies and programs to improve students' health and safety.

Planning Question 1

Look back at the scores you assigned to each question. According to these scores, what are the **strengths** and the **weaknesses** of your school's policies and environment related to students' health and safety?

Planning Question 2

For each of the weaknesses identified above, list several recommended actions to improve the school's scores (e.g., create and maintain a school health committee).

Continued on next page

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Planning Question 3. List each of the actions identified in Planning Question 2 on the table below. Use the five-point scales defined below to rank each action on five dimensions (importance, cost, time, commitment, feasibility). Add the points for each action to get the total points. Use the total points to help you choose one, two, or three top priority actions that you will recommend to the School Health Index team for implementation this year.

Importance	How important is the action to my school? 5 = Very important 3 = Moderately important 1 = Not important
Cost	How expensive would it be to plan and implement the action? 5 = Not expensive 3 = Moderately expensive 1 = Very expensive
Time	How much time and effort would it take to implement the action? 5 = Little or no time and effort 3 = Moderate time and effort 1 = Very great time and effort
Commitment	How enthusiastic would the school community be about implementing the action? 5 = Very enthusiastic 3 = Moderately enthusiastic 1 = Not enthusiastic
Feasibility	How difficult would it be to complete the action? 5 = Not difficult 3 = Moderately difficult 1 = Very difficult

Module 1 Actions	Importance	Cost	Time	Commitment	Feasibility	Total Points	Top Priority Action?

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Module 2: Health Education

Score Card

(photocopy before using)

Instructions

1. Carefully read and discuss the Module 2 Discussion Questions (pages 5-15), which contains questions and scoring descriptions for each item listed on this Score Card.
2. Circle the most appropriate score for each item.
3. After all questions have been scored, calculate the overall Module Score and complete the Module 2 Planning Questions located at the end of this module (pages 17-18).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Required health education course	3	2	1	0
CC.2	Health education grading	3	2	1	0
CC.3	Sequential health education curriculum consistent with standards	3	2	1	0
CC.4	Active learning strategies	3	2	1	0
CC.5	Opportunities to practice skills	3	2	1	0
CC.6	Culturally appropriate activities and examples	3	2	1	0
CC.7	Assignments encourage student interaction with family and community	3	2	1	0
CC.8	Credentialed health education teachers	3	2	1	0
CC.9	Professional development in health education	3	2	1	0
CC.10	Professional development in delivering curriculum	3	2	1	0
CC.11	Professional development in classroom management techniques	3	2	1	0
S.1	Essential topics on preventing unintentional injuries, violence, and suicide	3	2	1	0
PA.1	Essential topics on physical activity	3	2	1	0
N.1	Essential topics on healthy eating	3	2	1	0
T.1	Essential topics on preventing tobacco use	3	2	1	0
A.1	Essential topics on asthma awareness	3	2	1	0
SH.1	Essential topics for preventing HIV, other STD, and pregnancy	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (51) by subtracting 3 for each question eliminated).

<p>TOTAL POINTS: Add the four sums above and enter the total to the right.</p>			
<p>MODULE SCORE = (Total Points / 51) X 100</p>			
			%

Module 2: Health Education

Planning Questions *(photocopy before using)*

The Module 2 Planning Questions will help your school use its School Health Index results to identify and prioritize changes that will improve policies and programs to improve students' health and safety.

Planning Question 1

Look back at the scores you assigned to each question. According to these scores, what are the **strengths** and the **weaknesses** of your school's health education program related to students' health and safety?

Planning Question 2

For each of the weaknesses identified above, list several recommended actions to improve the school's scores (e.g., require all students to take and pass at least one health education course).

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Planning Question 3. List each of the actions identified in Planning Question 2 on the table below. Use the five-point scales defined below to rank each action on five dimensions (importance, cost, time, commitment, feasibility). Add the points for each action to get the total points. Use the total points to help you choose one, two, or three top priority actions that you will recommend to the School Health Index team for implementation this year.

Importance	How important is the action to my school? 5 = Very important 3 = Moderately important 1 = Not important
Cost	How expensive would it be to plan and implement the action? 5 = Not expensive 3 = Moderately expensive 1 = Very expensive
Time	How much time and effort would it take to implement the action? 5 = Little or no time and effort 3 = Moderate time and effort 1 = Very great time and effort
Commitment	How enthusiastic would the school community be about implementing the action? 5 = Very enthusiastic 3 = Moderately enthusiastic 1 = Not enthusiastic
Feasibility	How difficult would it be to complete the action? 5 = Not difficult 3 = Moderately difficult 1 = Very difficult

Module 2 Actions	Importance	Cost	Time	Commitment	Feasibility	Total Points	Top Priority Action?

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Module 3: Physical Education and Other Physical Activity Programs

Score Card
(photocopy before using)

Instructions

- Carefully read and discuss the Module 3 Discussion Questions (pages 6-18), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 3 Planning Questions located at the end of this module (pages 20-21).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
PA.1	225 minutes of physical education per week	3	2	1	0
PA.2	Years of physical education	3	2	1	0
PA.3	Time requirement for length of physical education class	3	2	1	0
PA.4	Adequate teacher/student ratio	3	2	1	0
PA.5	Sequential physical education curriculum consistent with standards	3	2	1	0
PA.6	Information and materials for physical education teachers	3	2	1	0
PA.7	Physical education grading	3	2	1	0
PA.8	Prohibit exemptions or waivers for physical education	3	2	1	0
PA.9	Students active at least 50% of class time	3	2	1	0
PA.10	Individualized physical activity and fitness plans	3	2	1	0
PA.11	Health-related physical fitness	3	2	1	0
PA.12	Promote community physical activities	3	2	1	0
PA.13	Licensed physical education teachers	3	2	1	0
PA.14/ A.1	Address special health care needs	3	2	1	0
PA.15/ S.1/A.2	Physical education safety practices	3	2	1	0
PA.16	Professional development for teachers	3	2	1	0
PA.17	Participation in intramural programs or physical activity clubs	3	2	1	0
PA.18	Availability of interscholastic sports	3	2	1	0
PA.19	Promotion or support of walking and bicycling to school	3	2	1	0
PA.20	Availability of before- and after-school physical activity opportunities	3	2	1	0
PA.21	Availability of physical activity breaks in classrooms	3	2	1	0
PA.22	Training requirements for sports coaches	3	2	1	0
PA.23/ S.2	Physical activity facilities meet safety standards	3	2	1	0
PA.24/ S.3	Athletics safety requirements	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

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(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (72) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE =
(Total Points / 72) X 100

%

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Module 3: Physical Education and Other Physical Activity Programs

Planning Questions
(photocopy before using)

The Module 3 Planning Questions will help your school use its School Health Index results to identify and prioritize changes that will improve policies and programs to improve students' health and safety.

Planning Question 1

Look back at the scores you assigned to each question. According to these scores, what are the **strengths** and the **weaknesses** of your school's physical education and other physical activity policies and programs?

Planning Question 2

For each of the weaknesses identified above, list several recommended actions to improve the school's scores (e.g., provide 225 minutes of physical education per week).

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Planning Question 3. List each of the actions identified in Planning Question 2 on the table below. Use the five-point scales defined below to rank each action on five dimensions (importance, cost, time, commitment, feasibility). Add the points for each action to get the total points. Use the total points to help you choose one, two, or three top priority actions that you will recommend to the School Health Index team for implementation this year.

Importance	How important is the action to my school? 5 = Very important 3 = Moderately important 1 = Not important
Cost	How expensive would it be to plan and implement the action? 5 = Not expensive 3 = Moderately expensive 1 = Very expensive
Time	How much time and effort would it take to implement the action? 5 = Little or no time and effort 3 = Moderate time and effort 1 = Very great time and effort
Commitment	How enthusiastic would the school community be about implementing the action? 5 = Very enthusiastic 3 = Moderately enthusiastic 1 = Not enthusiastic
Feasibility	How difficult would it be to complete the action? 5 = Not difficult 3 = Moderately difficult 1 = Very difficult

Module 3 Actions	Importance	Cost	Time	Commitment	Feasibility	Total Points	Top Priority Action?

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Module 4: Nutrition Services

Score Card
(photocopy before using)

Instructions

- Carefully read and discuss the Module 4 Discussion Questions (pages 5-11), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 4 Planning Questions located at the end of this module (pages 13-14).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
N.1	Breakfast and lunch programs	3	2	1	0
N.2	Variety of offerings in school meals	3	2	1	0
N.3	Healthy food purchasing and preparation practices	3	2	1	0
N.4	Venues outside the cafeteria offer fruits and vegetables	3	2	1	0
N.5	Promote healthy food and beverage choices using Smarter Lunchroom techniques	3	2	1	0
N.6	Adequate time to eat school meals	3	2	1	0
N.7	Collaboration between nutrition services staff members and teachers	3	2	1	0
N.8	Annual continuing education and training requirements for school nutrition services staff	3	2	1	0
N.9/S.1	Clean, safe, pleasant cafeteria	3	2	1	0
N.10/S.2	Preparedness for food emergencies	3	2	1	0
N.11	Farm to School activities.	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (33) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.			
MODULE SCORE = (Total Points / 33) X 100			%

Advanced Ed
Standard 3

Evidence Needed:

3.7

- Blue Chip calendar (ShaMira)
- Table of Contents (New Teacher Playbook- ShaMira)
- Sign In Sheets, surveys, HR meeting notes w dates; email correspondence- ShaMira)

3.8

- School News Letters (Principals)
- PTA Newsletters (Principals)
- Testing Calendar (Dianne)
- PowerSchool newsletters...(Principals)
- Kate's communications (FB, monthly newsletters)
- Weebly – Standards (Word doc with web site link. Include screen shot of what you would see)- Dianne
- Exemplars (Eureka videos)- Melissa
- March Madness ACT Awareness (Missy)
- Math Night (Melissa)
- Kindergarten report card (Dianne)

3.9

- Documentation from principals (Students matched with mentor lists)
- Master schedules (RTI, Mentor Mondays, Skinny periods)
- SPED – IEPs
- Denise Fisher
- Teacher communication log for a student (Dianne- check with Brianna or others)
- Teacher requesting RTI committee to consider a student who did not flag in Easy CBM

3.10

- Grading Policy (Missy)
- PowerPoint from Boot Camp (Grading)
- Easy CBM Report (Melissa)
- Accommodations and Modifications for Grading (ESL)- Dianne
- Grading scale for ESL students (Dianne- check)
- K-5 Parent Handbook (Dianne- check w Chauncey)

3.11

- Brief explanation of alignment between professional learning and identified needs (Principals)
- 2 PD Surveys for evaluation (ShaMira)

3.12

- SPED staff (Sarah)
- Principals- list of learning support services and student population served by such services
- Gifted competitions (Principals)
- AP Data (Missy)
- Intervention Materials (Melissa)- Courtney Watkins
- Screening process for advanced math (Melissa/Missy)- Rubrics
- SPED Math PD (Melissa)
- SW Core – RTI Coaches (Agenda, Twitter)- Does anyone have this?
- ESL HMS- PD session for classroom teachers (Dianne- check with Kristine.)

Module 4: Nutrition Services

Planning Questions *(photocopy before using)*

The Module 4 Planning Questions will help your school use its School Health Index results to identify and prioritize changes that will improve policies and programs to improve students' health and safety.

Planning Question 1

Look back at the scores you assigned to each question. According to these scores, what are the **strengths** and the **weaknesses** of your school's food service policies and programs?

Planning Question 2

For each of the weaknesses identified above, list several recommended actions to improve the school's scores (e.g., offer an accessible school breakfast program).

Continued on next page

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Planning Question 3. List each of the actions identified in Planning Question 2 on the table below. Use the five-point scales defined below to rank each action on five dimensions (importance, cost, time, commitment, feasibility). Add the points for each action to get the total points. Use the total points to help you choose one, two, or three top priority actions that you will recommend to the School Health Index team for implementation this year.

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Cost	How expensive would it be to plan and implement the action? 5 = Not expensive 3 = Moderately expensive 1 = Very expensive
Time	How much time and effort would it take to implement the action? 5 = Little or no time and effort 3 = Moderate time and effort 1 = Very great time and effort
Commitment	How enthusiastic would the school community be about implementing the action? 5 = Very enthusiastic 3 = Moderately enthusiastic 1 = Not enthusiastic
Feasibility	How difficult would it be to complete the action? 5 = Not difficult 3 = Moderately difficult 1 = Very difficult

Module 4 Actions	Importance	Cost	Time	Commitment	Feasibility	Total Points	Top Priority Action?

AdvancEd

3.1

Omitted:

- Contests and student recognitions including being called an Exemplary district
- Clubs
- Specific curricular programs
- ACT scores
- Wilson Reading Program

Find:

- Advanced Placement and PSAT Data
- Course syllabus
- Lesson Plans (TPIP) (Eureka and Exp. Learning lessons)
- Student work (active engagement/pictures)
- Posted Learning Objectives (picture)
- Enrollment patterns for various courses (copy of emails)
- ELA/Math practices (graphic/Missy)
- K-2 Literacy (Master schedule/Dianne)

3.2

Omitted:

- All

Find:

- Curriculum writing process (communication with curriculum writers and meetings)
- Systematic review process for curriculum, instruction, and assessment: Textbook adoption evidence (Missy and Melissa); Content Lead (doc that shows them supporting teachers)
- Standards-based Report Card: Kindergarten report card (Dianne)
- Curriculum Guides (Link to Weebly)
- Scope and Sequence (Eureka/Melissa & Exp. Learning/Dianne)
- Common Assessments
- Advanced Placement Results (Missy/upload)
- Common Assessments (middle/high)

3.3

Find:

- Teacher Evaluation criteria relating to prescribed instructional designs and proprietary practices: TEAM Rubric (ShaMira)
- Findings from supervisor formal and informal observations: D2D Data; principal evaluations
- Student work demonstrating the application of knowledge
- Examples of teacher using technology as an instructional resources (Schoology; Emily Deaton's presentation)
- Examples of student use of technology as a learning tool (3rd grade public service announcement/ Dianne)
- Examples of professional development offerings/Refinement... (Team Rubric; Instruction/ ShaMira)
- Examples of PD development offerings and plans tied specifically to...programs (Eureka; Exp. Learning)

3.4

Find:

- Peer or Mentoring opportunities and interactions (Blue Chips)
- Recognition of teachers with regard to these practices (ShaMira/ Kevin Weaver)
- Administrative classroom observation protocols and logs (ShaMira- HMS/ HHS?)
- Common Planning with admin (HMS/Melissa)
- Principals- Evidence of how they support PLCs

3.5

Find:

- Type up time log about visit with Mira (FES/Kg)- Dianne
- Professional development funding to promote professional learning communities: (ShaMira/ [hyperlink to his website](#)/write up why he was brought in)
- Common language, protocols and reporting tools (RTI/Melissa; Missy/High School grading/common language)
- PD transcript for last 2 years (ShaMira- MLP)

3.6

Find:

- Easy CBM (Melissa); STAR Early Lit (Dianne)
- School Level- Common Assessment (driving instruction)
- Amplify (last year)

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Module 5: School Health Services

Score Card

Instructions

- Carefully read and discuss the Module 5 Discussion Questions (pages 5-13), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 5 Planning Questions located at the end of this module (pages 14-15).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health services provided by a full-time school nurse	3	2	1	0
CC.2	Health and safety promotion for students and families	3	2	1	0
CC.3	Collaborate with other school staff members	3	2	1	0
CC.4	Identify and track students with chronic health conditions	3	2	1	0
CC.5	Implement a referral system	3	2	1	0
CC.6	Student health information	3	2	1	0
CC.7	Consulting school health physician	3	2	1	0
S.1	Assess extent of injuries on school property	3	2	1	0
S.2/ A.1	Emergency response plans	3	2	1	0
A.2	Case management for students with poorly controlled asthma	3	2	1	0
A.3	Ensure immediate and reliable access to quick-relief medications for students with asthma	3	2	1	0
A.4	Offer asthma management education to all students with asthma	3	2	1	0
N.1	Food allergy management plan	3	2	1	0
T.1	Address tobacco use	3	2	1	0
SH.1	Linkages to youth-friendly sexual and reproductive health services	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (45) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.			
MODULE SCORE = (Total Points /45) X 100			
			%

Module 5: School Health Services

Planning Questions (photocopy before using)

The Module 5 Planning Questions will help your school use its School Health Index results to identify and prioritize changes that will improve policies and programs to improve students' health and safety.

Planning Question 1

Look back at the scores you assigned to each question. According to these scores, what are the **strengths** and the **weaknesses** of your school's health services related to students' health and safety?

Planning Question 2

For each of the weaknesses identified above, list several recommended actions to improve the school's scores (e.g., implement a system to refer students to community-based health services).

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SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Planning Question 3. List each of the actions identified in Planning Question 2 on the table below. Use the five-point scales defined below to rank each action on five dimensions (importance, cost, time, commitment, feasibility). Add the points for each action to get the total points. Use the total points to help you choose one, two, or three top priority actions that you will recommend to the School Health Index team for implementation this year.

Importance	How important is the action to my school? 5 = Very important 3 = Moderately important 1 = Not important
Cost	How expensive would it be to plan and implement the action? 5 = Not expensive 3 = Moderately expensive 1 = Very expensive
Time	How much time and effort would it take to implement the action? 5 = Little or no time and effort 3 = Moderate time and effort 1 = Very great time and effort
Commitment	How enthusiastic would the school community be about implementing the action? 5 = Very enthusiastic 3 = Moderately enthusiastic 1 = Not enthusiastic
Feasibility	How difficult would it be to complete the action? 5 = Not difficult 3 = Moderately difficult 1 = Very difficult

Module 5 Actions	Importance	Cost	Time	Commitment	Feasibility	Total Points	Top Priority Action?

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Module 6: School Counseling, Psychological, and Social Services

Score Card
(photocopy before using)

Instructions

1. Carefully read and discuss the Module 6 Discussion Questions (pages 5-10), which contains questions and scoring descriptions for each item listed on this Score Card.
2. Circle the most appropriate score for each item.
3. After all questions have been scored, calculate the overall Module Score and complete the Module 6 Planning Questions located at the end of this module (pages 11-12).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	3	2	1	0
CC.2	Health and safety promotion and treatment	3	2	1	0
CC.3	Collaborate with other school staff members	3	2	1	0
CC.4	Identify and track students with emotional, behavioral and mental health needs	3	2	1	0
CC.5	Establish referral system	3	2	1	0
CC.6	Aid students during transitions	3	2	1	0
S.1	Identify and refer students involved in violence	3	2	1	0
T.1	Identify and address tobacco use	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (24) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.			
MODULE SCORE = (Total Points / 24) X 100			%

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Module 6: School Counseling, Psychological, and Social Services

Planning Questions
(photocopy before using)

The Module 6 Planning Questions will help your school use its School Health Index results to identify and prioritize changes that will improve policies and programs to improve students' health and safety.

Planning Question 1

Look back at the scores you assigned to each question. According to these scores, what are the strengths and the weaknesses of your school's counseling, psychological, and social services related to students' health and safety?

Planning Question 2

For each of the weaknesses identified above, list several recommended actions to improve the school's scores (e.g., establish a system for referring students to appropriate community-based counseling, psychological, and social services).

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SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Planning Question 3. List each of the actions identified in Planning Question 2 on the table below. Use the five-point scales defined below to rank each action on five dimensions (importance, cost, time, commitment, feasibility). Add the points for each action to get the total points. Use the total points to help you choose one, two, or three top priority actions that you will recommend to the School Health Index team for implementation this year.

Importance	How important is the action to my school? 5 = Very important 3 = Moderately important 1 = Not important
Cost	How expensive would it be to plan and implement the action? 5 = Not expensive 3 = Moderately expensive 1 = Very expensive
Time	How much time and effort would it take to implement the action? 5 = Little or no time and effort 3 = Moderate time and effort 1 = Very great time and effort
Commitment	How enthusiastic would the school community be about implementing the action? 5 = Very enthusiastic 3 = Moderately enthusiastic 1 = Not enthusiastic
Feasibility	How difficult would it be to complete the action? 5 = Not difficult 3 = Moderately difficult 1 = Very difficult

Module 6 Actions	Importance	Cost	Time	Commitment	Feasibility	Total Points	Top Priority Action?

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Module 7: Health Promotion for Staff

Score Card
(photocopy before using)

Instructions

- Carefully read and discuss the Module 7 Discussion Questions (pages 5-14), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 7 Planning Questions located at the end of this module (pages 16-17).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health education for staff members	3	2	1	0
CC.2	Health assessments for staff members	3	2	1	0
CC.3	Promote staff member participation	3	2	1	0
CC.4	Stress management programs for staff	3	2	1	0
CC.5	Breastfeeding policy	3	2	1	0
S.1	Training for staff members on conflict resolution	3	2	1	0
S.2	Training for staff members on first aid and CPR	3	2	1	0
PA.1	Programs for staff members on physical activity/fitness	3	2	1	0
N.1	Programs for staff members on healthy eating/weight management	3	2	1	0
N.2	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	3	2	1	0
N.3/P A.2	Modeling healthy eating and physical activity behaviors	3	2	1	0
T.1	Programs for staff members on tobacco-use cessation	3	2	1	0
A.1	Programs for staff members on asthma management and/or education	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (39) by subtracting 3 for each question eliminated).

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TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE =
(Total Points / 39) X 100

%

Module 7: Health Promotion for Staff

Planning Questions *(photocopy before using)*

The Module 7 Planning Questions will help your school use its School Health Index results to identify and prioritize changes that will improve policies and programs to improve the staff's health and safety.

Planning Question 1

Look back at the scores you assigned to each question. According to these scores, what are the **strengths** and the **weaknesses** of your school's policies and programs related to health promotion for staff?

Planning Question 2

For each of the weaknesses identified above, list several recommended actions to improve the school's scores (e.g., provide easy access to health assessments for staff).

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SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Planning Question 3. List each of the actions identified in Planning Question 2 on the table below. Use the five-point scales defined below to rank each action on five dimensions (importance, cost, time, commitment, feasibility). Add the points for each action to get the total points. Use the total points to help you choose one, two, or three top priority actions that you will recommend to the School Health Index team for implementation this year.

Importance	5 = Very important 3 = Moderately important 1 = Not important
Cost	5 = Not expensive 3 = Moderately expensive 1 = Very expensive
Time	5 = Little or no time and effort 3 = Moderate time and effort 1 = Very great time and effort
Commitment	5 = Very enthusiastic 3 = Moderately enthusiastic 1 = Not enthusiastic
Feasibility	5 = Not difficult 3 = Moderately difficult 1 = Very difficult

Module 7 Actions	Importance	Cost	Time	Commitment	Feasibility	Total Points	Top Priority Action?

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Module 8: Family and Community Involvement

Score Card
(photocopy before using)

Instructions

- Carefully read and discuss the Module 8 Discussion Questions (pages 5-8), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 8 Planning Questions located at the end of this module (pages 9-10). Be sure to keep your documentation from the small groups to support your recommendations.

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Communicate with families	3	2	1	0
CC.2	Effective parenting strategies	3	2	1	0
CC.3	Family and community involvement in school decision making	3	2	1	0
CC.4	Family and community volunteers	3	2	1	0
CC.5	Family involvement in learning at home	3	2	1	0
CC.6	Family and community access to school facilities	3	2	1	0
N.1	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (21) by subtracting 3 for each question eliminated).

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TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE =
(Total Points / 21) X 100

%

Module 8: Family and Community Involvement

Planning Questions *(photocopy before using)*

The Module 8 Planning Questions will help your school use its School Health Index results to identify and prioritize changes that will improve policies and programs to improve students' health and safety.

Planning Question 1

Look back at the scores you assigned to each question. According to these scores, what are the **strengths** and the **weaknesses** of your school's policies and programs related to students' health and safety?

Planning Question 2

For each of the weaknesses identified above, list several recommended actions to improve the school's scores (e.g., increase family education on parenting strategies).

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SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Planning Question 3. List each of the actions identified in Planning Question 2 on the table below. Use the five-point scales defined below to rank each action on five dimensions (importance, cost, time, commitment, feasibility). Add the points for each action to get the total points. Use the total points to help you choose one, two, or three top priority actions that you will recommend to the School Health Index team for implementation this year.

Importance	How important is the action to my school? 5 = Very important 3 = Moderately important 1 = Not important
Cost	How expensive would it be to plan and implement the action? 5 = Not expensive 3 = Moderately expensive 1 = Very expensive
Time	How much time and effort would it take to implement the action? 5 = Little or no time and effort 3 = Moderate time and effort 1 = Very great time and effort
Commitment	How enthusiastic would the school community be about implementing the action? 5 = Very enthusiastic 3 = Moderately enthusiastic 1 = Not enthusiastic
Feasibility	How difficult would it be to complete the action? 5 = Not difficult 3 = Moderately difficult 1 = Very difficult

Module 8 Actions	Importance	Cost	Time	Commitment	Feasibility	Total Points	Top Priority Action?