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Rock Paper Scissors Variation: Hoop Hop Showdown

If you want a great game that builds teamwork, individual skills, encourages participation and is more active than the original version of rock paper scissors? Hula Hoop Rock Paper Scissors is an amazing game that everyone loves to play! If you want to mix things up, even more, you could have opponents play Rock Paper Scissors Lizard Spock. Although that is not recommended because Rock Paper Scissors in its original form is the perfect game!



The video above is the first ever video of Rock Paper Scissors Hoop Hop Showdown. The new variation of RPS that uses hula hoops and was created by Eric Branch. It is a form of a rock paper scissors relay that allows competitors to be active while also competing the best way, with RPS. Eric Branch is a P.E. teacher at Lowell Elementary and on August 9th he let the world in on his genius and we thank him for it!

This great rock paper scissors variation is incredibly easy to play.

Set-Up:

– Take hula hoops and place them in a path along the floor, curves are recommended.

– Split players into teams of 2. Each team lines up at opposing ends of the hula hoops.

How to Play:

On Go, competitors hop from one hula hoop to the next until they meet each other. Competitors then battle in the most intense part of the game, a Rock Paper Scissors match where the winner continues on their path and the loser falls off the path and goes back to their team's line. It is tough to claim a victory in this game because as you get closer you need to get on a winning streak against multiple opponents! Make sure to start hopping quickly after each win, because your competitor's team will keep sending a new competitor as fast as possible to slow you down and prevent you from crossing the line.

This game is a simple and unique variation of Rock Paper Scissors and is a great twist on the greatest game ever created. In the first

week since Eric Branch posted the video on Facebook it was viewed over 13 million times and now is played across the world. Eric also created this game just in time for Back to School for a lot of children. We think this game will end up being the game of the year in schoolyards across the globe!

There is no need to make the path longer to add to the fun, the best way is to split up the hula hoops into multiple paths so multiple teams play at the same time. This will help lead to more participation and more rock throws because as people get tired they tend to want to conserve their energy and end up playing the easiest gesture to play, rock. Make sure to have a strategy or a gambit in mind when competing in order to help propel your team to victory!

Here are some more videos of Hula Hoop Rock Paper Scissors Hoop Hop Showdown.





PicPlayPost



Matt Barrows

@CoachBarrowsNKC



We had to try out the new Hula Hoop Showdown game that has been circling social media! Kids loved the rock, paper, scissors battles! RPS is an easy way to solve silly conflicts!

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3:34 PM - Aug 15, 2018 · Clardy Elementary

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Gina Sample

@MrsSample158



Playing hula hoop Rock Paper Scissors with [@MoniqueSBelin](#). [#team158](#) [@ConleyElem](#)

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Jill Bryson
@mrsbryson4th



We played the Rock Paper Scissors
Hula Hoop Game this week!
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If you do not have hula hoops you can still play this game. We have seen it played with pylons, running ladders and even lines in the sidewalk. This is a great active version of rock paper scissors. If you would like to make it an even more active version you can even incorporate a rock paper scissors variation like Bear, Ninja, Hunter

or Pokemon themed Charmander, Squirtle, Bulbasaur.

By Tiffany Lee | August 17th, 2018 | RPS Articles | 1 Comment

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Tips on how to Get Your Kids Active and Healthy – Rock Paper Scissors Relay August 24, 2018 at 4:11 am - Reply

[...] Many of us realize how to keep the body fit and healthy, but what in regards to the kids? Is providing them with food green vegetables and healthy fruits enough to determine and look after their good health? Well the reply is No. Conditioning is equally as very important to kids in terms of adults and may by no means be overlooked or neglected, by just since 'they are only kids they have stronger resistance and immunity'. This can be a misconception; the health of children must be handled as much care as that regarding adults. Along with the widespread usage of gadgets which have left the mobility of our youth at the very least now it is more important than ever before, to advertise regular activities within them. • Agree to Sports. Position the Gameboys and PCP's from the shelf for something new, and bring your kids outside in the newest air and treat them with an excellent old-fashioned sport of cricket, baseball, basketball or whichever sport you guys like playing together. Besides spending some time together it'll offer you a great possibility to stay healthy together. Inhaling fresh air may relieve depression, anxiety and stress for your child and you. And sports are also a powerful way to flex those muscles and burn those extra calories! • Be inventive! Being active will not necessarily require your children to play sports. All students are different; having different hobbies and interests. Motivate these interests and incorporate all of them with a healthier lifestyle. When they like dancing, dance a protracted using them in your favorite tunes, if they're partial to painting placed their supplies out in the park and paint on view fresh air and permit their imagination circulation, compete in running together or play hopscotch together. Set an example on how to live an engaged life. By encouraging their interests and showing them learn how to incorporate it with a healthier lifestyle young kids have a broader plus much more productive mind-set than these kids who spend extended hours gaming and watching T.V. • Take them on Walks or Jogs Together. Teach the kids to appreciate the straightforward matters in life: walk them to school for something different, or create a morning jog together. Include them in the small fitness efforts you are making for your own personel wellness guide them their benefits. Check out about rock paper scissors hula hoop web site: read. [...]

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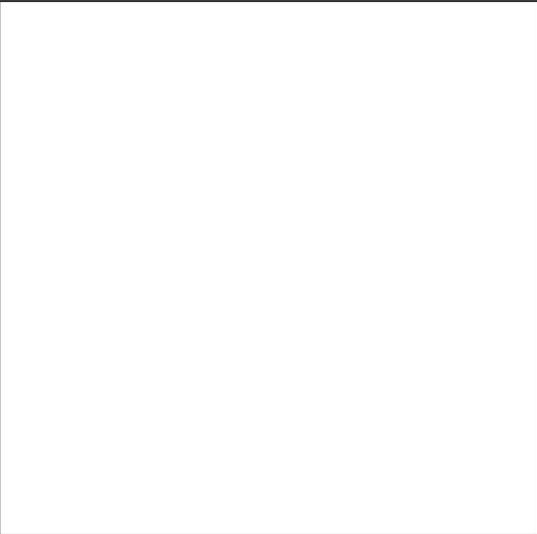
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