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| **Physical Education Lesson Plan** | | | | |
| **Teacher’s Name:** | | **Grade/Program Level:** | | **Date:** |
| **Unit:** | **Skills Focused On:** | | | **Number of Students in Class:** |
|  | | | | |
| 🞺**Statement of Lesson Objective:** What should students know and do as a result of the lesson? | | | | |
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| 🞺**Instructional Materials:** List materials and resources appropriate to the learning needs of the students. (physical education equipment, visual aids, picture symbol cards, worksheets, etc.) | | | | |
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|  | | | | |
| 🞺**Managing Student Behavior:** Experienced teachers are attuned to what’s happening in the classroom and can move subtly to help students re-engage with the content being addressed in the lesson. | | | | |
| Indicate the established behavior management strategies, rules, routines, and/or methodology for responding to diverse behaviors. |  | | | |
|  | | | | |
| 🞺**Assessment:** How will you assess the over-all students’ understanding of the unit’s skills and concepts taught? | | | | |
| Check all the boxes of the methods you are using to assess the students  Worksheets Rubrics Video/Photo Observation Discussion Question/Answer Written Response  \*Attach paper assessments to the lesson plan | | | | |
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| 🞺**Knowledge for Diverse Learners:** Provide student demographics (physical ability levels, cognitive levels, social-emotional behaviors, specialized assistive mobility devices, or communication devices) | | | | |
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Physical Education Lesson Plan Page 1 or 3

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| **Physical Education Lesson Plan** | | | |
| **Total Class Time**    **\_\_\_\_\_\_\_\_** | **Explain each lesson segment in detail providing explanation for your environmental layout, student groupings, teaching style, assessment method, and the task, activity, or game.** | **Instructional Grouping of Students** | **Spectrum of Teaching Styles** |
|  |  |  |  |
| 🞺 **Introduction of Concepts/Lesson Objectives:** What activity will aid students in constructing meaning of new concepts?  How will you introduce/  model new skills or procedures?    \_\_\_\_\_ Minutes |  | Whole Group  Small Group  Individual  \*Give rationale in write up | Command  Practice  Reciprocal  Inclusion  Guided Discovery  Problem-Solving  Self-Teaching |
| **Specific forms of differentiated instruction** |  | | |
|  |  |  |  |
| 🞺 **Exploring the Concepts/Objectives:** What activity will facilitate student examination of the new concepts or skills?  “**Warm-Up”**    \_\_\_\_\_ Minutes |  | Whole Group  Small Group  Individual  \*Give rationale in write up | Command  Practice  Reciprocal  Inclusion  Guided Discovery  Problem-Solving  Self-Teaching |
| **Specific forms of differentiated instruction** |  | | |
|  |  |  |  |
| 🞺 **Refining upon the Concepts/Objectives:**  What activity will facilitate the students to shape and frame their performance of the new skills and concepts?  “**Practice”**    \_\_\_\_\_ Minutes |  | Whole Group  Small Group  Individual  \*Give rationale in write up | Command  Practice  Reciprocal  Inclusion  Guided Discovery  Problem-Solving  Self-Teaching |
| **Specific forms of differentiated instruction** |  | | |

Physical Education Lesson Plan Page 2 or 3

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| **Physical Education Lesson Plan** | | | |
|  | **Explain each lesson segment in detail providing explanation for your environmental layout, student groupings, teaching style, assessment method, and the task, activity, or game.** | **Instructional Grouping of Students** | **Spectrum of Teaching Styles** |
|  |  |  |  |
| 🞺 **Extending upon and Applying the Concepts/Objectives:** What activity will facilitate the students to utilize the new skills and concepts in a meaningful more authentic situation?  “**Real-Life Situation**”    \_\_\_\_\_ Minutes |  | Whole Group  Small Group  Individual  \*Give rationale in write up | Command  Practice  Reciprocal  Inclusion  Guided Discovery  Problem-Solving  Self-Teaching |
| **Specific forms of differentiated instruction** |  | | |
|  |  |  |  |
| 🞺 **Closure of the Concepts/Objectives:**  What activity will promote higher order levels of thinking towards reflecting upon the lesson’s objectives and linking them to the authentic real-world situation?  “**Closure”**    \_\_\_\_\_ Minutes |  | Whole Group  Small Group  Individual  \*Give rationale in write up | Command  Practice  Reciprocal  Inclusion  Guided Discovery  Problem-Solving  Self-Teaching |
| **Specific forms of differentiated instruction** |  | | |

Physical Education Lesson Plan Page 3 or 3