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**DIRECTIONS:** Fill in the chart below for each activity you complete that will count towards earning your miles!

**Rules:**

-Must have date completed and approved activity in order for miles to count.

-Can only count 3 miles from your pedometer EACH week!

-Miles can only come from practices, P.E. classes, recess, running events completed outside of school, and pedometers (3miles/week).

-False recording of information will not be accepted so honesty is strongly encouraged!

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