**Lord of the Rings (throwing to a target)**Set-Up: All players should be in teams of even numbers. It is best if there is 3-5 to a team. All teams should be lined up on either a sideline or a baseline. Hula hoops (as many as you have) are scattered all throughout the gym. Cone for each team to collect hoops.   
  
Activity: When the music starts, the first person in line will go stand in a hula hoop. The next person will pick up their team gator skin ball and throw it to their teammate. If they catch the ball while standing in the hula hoop, they get to take the hoop back to their team. (I have a cone for them to collect hula hoops on). If they miss the catch they return the ball to the next person and go to back of the line. The thrower becomes the catcher and the catcher goes to the end of the line. Now the next person in line becomes the thrower. We play until all hoops are gone and see who collected the most and then replay.