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| **Lawrence County July 16, 2019** | |
| [**https://openphysed.org/**](https://openphysed.org/) | |
| **Name of Activity** | **Module** |
| Toss 3 | Instant Activities |
| Yum, Yum, Yum | Instant Activities |
| High-5 Bank Account | Instant Activities |
| R, P, S Victory Lap | Instant Activities |
| 20-Meter RPS Challenge | Plug & Play Fitness |
| 4-Corner Boogie | Plug & Play Fitness |
| Fitness Uno | Plug & Play Fitness |
| Warrior Fitness | Plug & Play Fitness |
| Partner Poses | Plug & Play Fitness |
| Upside Down | Plug & Play Fitness |
| Cone Flip Chaos | Plug & Play Fitness |
| Leaning Tower | Limited Equipment |
| Partner Hoop Flip | Limited Equipment |
| Color Dash | Limited Equipment |
| Down & Back Relay | PSR |
| Follow the Leader | Foot Skills |
| Soccer Red Light, Green Light | Foot Skills |
| Treasure Hunt | Foot Skills |
| Scramble | Soccer Skills |
| Shark Attack | Soccer Skills |
| 7 Dribbles | Ball Handling |
| Dribble Triathlon | Ball Handling |
| Knuckle Collectors | Ball Handling |
| Dribble Tag | Ball Handling |
| Dribble Stoppers | Basketball |
| Pizza Delivery | Field Day Games |
| 3 v 3 Bounce Ball | Basketball |
| Switch | Limited Equipment |
| Sort Yourselves | Active Classroom |
| Warm or Cold | Active Classroom |
| Nutrition T/F | Active Classroom |

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| **Tech Resources** | | |
| **Projector Activities** | **Gifs** | **Plickers/Plagnets** |
| <https://www.cbhpe.org/projector> | **ImgPlay-App**  Apple Device- <https://apps.apple.com/us/app/imgplay-gif-maker/id989843523>  Android Device- <https://play.google.com/store/apps/details?id=me.imgbase.imgplay.android&hl=en_US>  **MakeGif Video Capture**- <https://chrome.google.com/webstore/detail/makegif-video-capture/cnhdjbfjheoohmhpakglckehdcgfffbl?hl=en>  How to use MakeGif Video Capture Tutorial- https://twitter.com/foes4sports/status/1082808749415456768 | **Plickers**-  <https://get.plickers.com/>  **Plagnets**- <http://www.physeddepot.com/plickers-magnets-plagnets.html> |