**Use the PE WEBSITE** [**https://sites.google.com/lcsd.k12.sc.us/ilhspedepartment/pe-home-e-learning?authuser=1**](https://sites.google.com/lcsd.k12.sc.us/ilhspedepartment/pe-home-e-learning?authuser=1)

**MONDAY**-Pick a FITNESS GAME from the website and complete it (type what game you did in the box)

**TUESDAY**- Pick out a WORKOUT VIDEO from the website and complete it (type which video you used)

**WEDNESDAY-**Pick one of the SPORTS, watch the greatest highlights of it, and complete the skills and drills to the best of your ability (type which sport you did)

**THURSDAY**- Pick a daily choice from the PE @ Home daily choice calendar (under FITNESS LOGS) and complete (type what activity you did)

**FRIDAY**-READ an article from the scholastic website (type which article)

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| --- | --- | --- | --- | --- | --- | --- |
|  |  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Example** | **8-19 to 8-23** | **Monopoly fitness game by Aldo Sport** | **30-Minute Hip-Hop Fit Workout-Mike Peele** | **Bocce Ball** | **Batman Workout** | **Celebrating Differences** |
| **4-30 to 5-1**  **ONLY THURSDAY AND FRIDAY THIS WEEK** | |  |  |  |  |  |
| **5-4 to 5-8** | |  |  |  |  |  |
| **5-11 to 5-15** | |  |  |  |  |  |
| **5-18 to 5-22** | |  |  |  |  |  |
| **5-25 to 5-27**  **ONLY MONDAY, TUESDAY, and WEDNESDAY THIS WEEK** | |  |  |  |  |  |