

**@PE4Life\_Spencer**

***Equipment*** – 1-1 ratio Pool Noodles to Students and 3-4 Small Balls

***Level 1:*** Students move around in general space on the go signal.

***Level 2:*** Give 1 student a Germ (pool noodle). When they tag another student, that student gets a Germ and becomes a tagger. Round continues until all students have Germs.

\*Talking point: At the beginning how fast were the germs spreading? How fast did the germs spread near in the end of the round?

***Level 3:***  Hand out pool noodles to 3 taggers. If a student is tagged by a germ they take a knee. Round ends when everyone has taken a knee.

\*Talking point: How are Germs spread? What can we do to stop germs from spreading?

***Level 4:*** Hand out 3-4 Bars of Soap (small soft ball). A bar of soap can be rolled to a person who has gotten sick from Germs. If the ball is caught without moving from their kneeling position, they pretend to wash their hands for 5 seconds, stand up with the soap, roll the soap to another player, and then they are able to get back into the game. Students cannot walk with soap. Students who are standing can also roll a ball to a player who is kneeling, but they cannot walk with the ball.

\*Talking point: What steps can we take in our school to stop spread of Germs?

**Germ Tag**

Student

Small Ball

Pool Noodle