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The Power of Play



ICEBREAKER
Spark!



**We believe in the
power of play to
bring out the best
in every kid.**

**We are empowering kids by
leveraging the power of safe,
fun, and healthy play.**

THE CHALLENGE

Not all kids are provided with the tools, resources and environment to succeed:

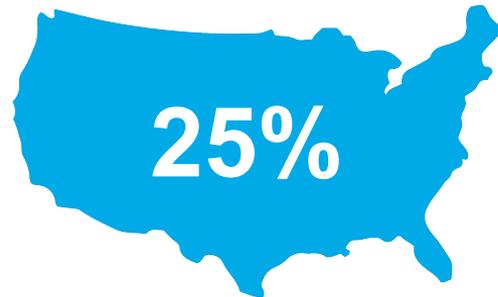


MILLION

More than **3.2 million students** are victims of bullying each year.



Due to negative behaviors (fighting, bullying, etc.) teachers lose **quality instructional time** and kids do not feel safe or included at school.



Only **one quarter** of U.S. children 6-15 years of age get at least 60 minutes of moderate-to-vigorous physical activity per day.

The background of the slide features a close-up, slightly blurred image of a child's hands holding a bright yellow ribbon. The ribbon has a white, stylized letter 'P' logo on it. The overall color palette is warm, dominated by shades of orange and yellow.

THE SOLUTION

Play works to... lead healthy lives

Healthier bodies



43% difference in students who are engaged in more vigorous physical activity on Playworks playgrounds compared to non-Playworks Playgrounds

Healthier minds



Kids in Playworks schools come back to class ready to learn

Healthier communities



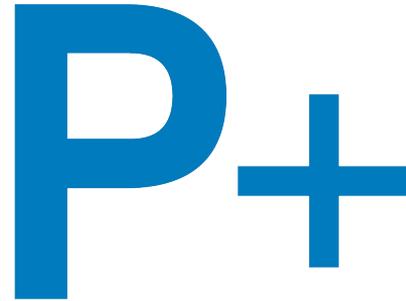
Promoting an inclusive school community positively impacts every kid.

Our Services



Direct Service

Youth development experts serve full-time or part-time in low-income elementary schools, teaching games and fostering play. They nurture young leaders through our Junior Coach program



Training

Trainers travel all over the US teaching our techniques and approach to teachers and administrators, youth development organization staff, Parks and Recreation staff, and entire school districts



Digital Services

Harness the power of on demand content ranging from weekly game and social emotional learning resources to online courses that introduce and reinforce play-based strategies for the entire school staff.

A woman in a grey sweatshirt with the Playworks logo is high-fiving a young girl. The woman is smiling and looking towards the child. The background is a bright, sunny outdoor setting. The image has a green-to-yellow gradient overlay.

OUR IMPACT

PLAYWORKS  PLAYWORKS

Play works to... stop bullying

43%

Difference in bullying
in Playworks schools*

*Teachers in Playworks schools reported significantly less bullying and exclusionary behavior during recess, a 43% difference in average rating scores.**

Play works to... create inclusive communities

Over 90% of educators at our schools agree that Playworks*

- increases student cooperation with others
- increases student use of conflict resolution strategies
- increases student feelings of inclusion

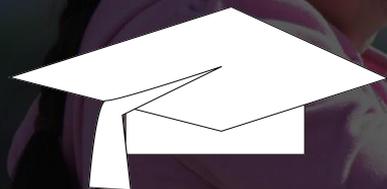
Play works to... improve learning

Over 90% of educators at our schools agree that **Playworks increases students' ability to focus in class***

Playworks teachers' average rating of students' feelings of safety at school was **20% higher** than the average ratings reported by teachers in control schools.**

Play works to...bring out the best in EVERY kid.

Elementary students with pro-social skills are



54% more likely
to earn a high
school diploma

2x

as likely to attain
a college degree



46% more likely to
have a full-time job
by age 25

Benefits of Play



PLAYWORKS  PLAYWORKS

The Value of Recess and Play

Social

- Cooperation
- Sharing
- Turn-Taking
- Conflict Resolution
- Communication Skills
- Leadership Skills

Physical

- Gross Motor Development
- Fine Motor Development
- Muscle Development
- Aerobic Development
- Self-Help Skills

Emotional

- Fun
- Enjoyment
- Love of Life
- Self-Expression
- Self Confidence
- Anxiety Reduction
- Empathy

Academic

- Abstract Thinking
- Imagination
- Problem-Solving
- Social Cognition
- Attention Regulation
- Exploration
- Mastering New Concepts

A photograph of four young children playing with hula hoops on a paved playground area. The image is overlaid with a semi-transparent orange filter. The child in the center foreground is smiling and looking at the camera while holding a hula hoop. To her left, another child is also smiling and hula hooping. In the background, two more children are visible, one of whom is also hula hooping. The scene is bright and cheerful, capturing a moment of active play.

LET'S PLAY!

Types of Games

Core Games

Simple, rotational staple recess games. Practice gross motor skills, conflict resolution, positive language, and resilience

Readiness Games

Transition activities that focus students attention and promote inclusion. Practice concentration and following directions.

Tag Games

Active games focused on building movement skills and strategizing. Practice respect, active engagement, and healthy energy release.

Icebreaker Games

Organized games focused on building rapport and community. Practice respect, positive communication, and listening.

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Icebreakers - Level Up



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Components of Inclusive Tag Games

1. Boundaries
2. Butterfly Fingers
3. Safe Tagging
 - **U**pper Back
 - **S**houlders
 - **A**rms



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Readiness Game -

Mountains and Valleys

Let's Go Fishing (One Fish, Two Fish, Red Fish, Blue Fish)



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Switch



Core Games

Student Led

Rotational

Built in Conflict Resolution

Happen on the playground everyday!

**Want to assess your recess today?
Take our Recess Checkup and get
free tips and tools to improve your recess**

Scan this QR code for the Recess Checkup:



Questions?
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