

Name/Title: Frosty's Freeze Tag

Purpose of Event: To allow students to improve their chasing, fleeing and dodging skills in a cooperative, fun, holiday atmosphere.

Prerequisites: Teach and review the concepts of safe travel in groups, chasing others, fleeing, and safe tagging.

Suggested Grade Level: PRE-K-2

Materials Needed: White yarn or fleece balls, boundary markers, music for Frosty the Snowman.

Description of Idea

Talk to the students about proper chasing, fleeing, dodging and tagging using the following cues:

- move quickly
- change direction quickly
- change speed, pathways, and levels while moving
- use soft touch when tagging
- tag shoulders or back only

Designate several students to be taggers and give them a snowball (fleece ball). Students will travel around in general space, trying to avoid being tagged by the students carrying a snowball. If they are tagged, they become frozen in place like a snowman. They can sing along to Frosty if you are using this to stop and start the game. To become unfrozen, another student places a magic hat (imaginary) onto their head, and they rejoin play. Stress the importance of safe gentle tags and of helping others. Vary the movement activities, including the skills of skipping, galloping, hopping, and leaping. To encourage creative thinking while keeping the winter theme, include movements like ice skating and snowflakes falling.

Assessment Ideas:

When trading taggers, hold a brief discussion about how many students you see using the chasing, fleeing and dodging skills, and do a verbal check of understanding about what they should be doing to help keep from getting caught or to help them tag others.

Submitted by **Elizabeth Mundell** in Bergen, NY. Thanks for contributing to PE Central! **Posted on PEC: 3/25/2006.** Printed 7379 times since 12/16/2005.

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