Football Skill Assessment

Equipment - 1 football per group, 1 assessment sheet per students, 1 pencil per group

Organization - students are placed in groups of 3 preferably on a field, but this can also be done inside

Grade level - 5-?

I discovered that peer assessment works extremely well! Sometimes the kids are tougher on each other than I am on them. This is one activity that worked quite well using peer assessment.

First, you must obviously teach the skills that will be assessed. I used throwing a football as a skill and broke it down into parts. Those parts were:

1.  Hand in correct position on the football - fingers between laces.  
2.  Opposite foot forward  
3.  Shoulder toward target  
4.  Follow through toward target

Each student also threw the football 5 times to a partner.  They were assessed on whether the football "spiraled" reasonably well, and whether the ball hit the "target."

Assessment sheets should contain name field, grade, and "assessor." They should also contain the assessment skills:

1.  Hand in correct position?   Yes      No     Sometimes  
  
2.  Opposite foot forward?      Yes      No     Sometimes

3.  Shoulder toward target?     Yes      No     Sometimes

4.  Follow through toward target?     Yes      No     Sometimes

5.  Did the ball spiral through the air?  Yes      No     Sometimes

6.  Did the ball hit the target?   Yes      No     Sometimes

This is a good way to teach the students what to look for in the way of skill parts.   I also find that they try to teach each other the correct skill form.  Peer assessment can be used for many different skills and sports.

|  |
| --- |
| *Send email to*[*webmaster*](mailto:patrick_s@exchange.hccanet.org)*.* |