

# SPEED GOLF

**SPARK™**  
**Home Play**  
**FLYING DISC**

The object is to complete all 9 holes as quickly as you can. You will need a partner to help with some of the tasks as well as to help keep time. When you finish, time your partner. Add your times together for a combined score. Each time you play, try to better your score! Begin at Hole #1 and have fun!

Throw to yourself and catch it 3X.

9

Complete 10 forehand passes to your partner.

4

Catch 10 passes using the 2-hand catch.

3

Hit a target at least 10' away.

5

Complete 2 trick catches.

8

Throw for distance 4X.

2

Complete 5 passes to your partner while he/she is on the run.

6

Complete 10 backhand passes to your partner.

1

Catch 5 passes while both of you are on the run.

7

GRADES 3-6

## Some Things You Really Must Know

### \* Are All Flying Discs “Frisbees®”?

No! The word “Frisbee” is a registered trademark. That means only the Wham-O® company can call their flying discs a Frisbee®. Many other companies have created their versions of Wham-O’s Frisbee®. If you invented a version of the Frisbee®, what would you call it?

### \* How did it get its Name?

William Russell Frisbie of Bridgeport Connecticut started the Frisbie Baking Company in the early 1900s. His homemade pies were famous all over New England. His clever idea was to indent the company’s name in the bottom of each pie tin. He hoped housewives would think it was easier

to go buy another Frisbie pie instead making their own. However, on college campuses the pie tins were reused for another purpose. Students would first eat the pie and then throw and catch the empty tin.

Around 1940, Walter Frederick Morrison of the Wham-O company invented a plastic saucer that was first called the *Pluto Platter*. He was a UFO fanatic and believed flying saucers from outer space flew to Earth. On a college tour promoting his new toy, he saw first-hand the Frisbie pie tin tossing craze at Yale University. He immediately changed the name of his toy to the Frisbee, adding an extra “e” on the end to avoid any legal complications with the Frisbie Baking Company.

## Disc Dandies

I stood in the park the other day wondering why the disc kept getting bigger and bigger. Then, finally, it hit me...

Q – Why did the disc golfer bring an extra pair of socks?

A – In case he got a hole in one!

If you are interested in expanding your disc knowledge and talents, then check out these websites. Who knows, maybe you will experience the *Ultimate* and invent a new *Freestyle* maneuver to *Golf your Guts* out.

<http://www.wfdf.org>

The World Flying Disc Federation is made up of the National Organizations and Federations that govern their respective disc sports. Official rules of all disc sports are posted as well as information on events that might be in your community.

<http://www.pdga.com>

The Professional Disc Golf Association is the official governing body of Disc Golf. The Association sanctions tournaments all over the world. Learn about events in your area, official rules, player rankings, and listen to archived Internet audio broadcasts.

<http://www.frisbee.com>

The Freestyle Frisbee Page includes instructional tips, video clips and tournament news.