NHL FACEOFF

Mission: Win a 3 count faceoff and trap the ball in a cone to win 1 point.

Directions: Play small-sided games 1v1. 3-4 games may happen at once so that all teammates are playing. After you have earned 5 points, find a new challenger.

Which learning goal is targeted during this activity?

* Demonstrate basic rules of floor hockey.
* Increase puck handling skills.
* Use basic strategy to make offensive and defensive plays.
* Include all teammates respectfully.
* Participate in all roles.

HALF COURT HOT SHOTS

Mission: Score the most points using strategy.

3 pts behind 3 point line

2 pts in 3 point line

1 pt in the lane

Directions: Split your team in half. One team begin playing as defense and the other half begin playing as offense. After offense scores, take the puck back to half court and switch offense to defense, defense to offense.

Which learning goal is targeted during this activity?

* Demonstrate basic rules of floor hockey.
* Increase puck handling skills.
* Use basic strategy to make offensive and defensive plays.
* Include all teammates respectfully.
* Participate in all roles.

HALF COURT FAKE OUTS

Mission: Score 1 point for a goal. Add 2 points to the goal for a fake-out prior to the shot.

Directions: Split your team in half. One team begn playing as defense and the other half begin playing as offense. After offense scores, take the puck back to half court and switch offense to defense, defense to offense.

Which learning goal is targeted during this activity?

* Demonstrate basic rules of floor hockey.
* Increase puck handling skills.
* Use basic strategy to make offensive and defensive plays.
* Include all teammates respectfully.
* Participate in all roles.

1v1 MINI GAME

Mission: Begin at mid-court with a faceoff, gain possession of the puck and make a goal before the defender can stop you.

Directions: Play small games 1v1. 3-4 games may happen at once. After you have earned 5 points, find a new challenger.

Which learning goal is targeted during this activity?

* Demonstrate basic rules of floor hockey.
* Increase puck handling skills.
* Use basic strategy to make offensive and defensive plays.
* Include all teammates respectfully.
* Participate in all roles.