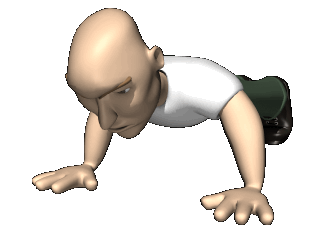
**ATLANTIC AVENUE**



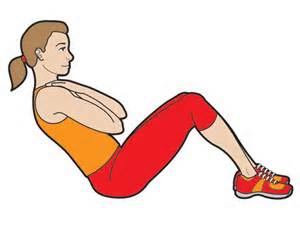
**AEROBIC STEP UPS**

**INDIANA AVENUE**



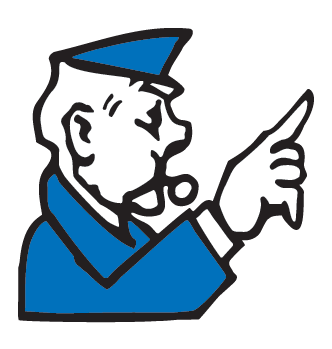
**PUSH UPS**

**PACIFIC AVENUE**



**SIT UPS**

**GO TO JAIL**



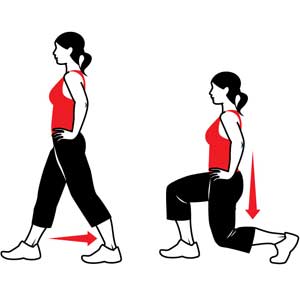
**Miss a Turn!**

**NORTH CAROLINA AVENUE**



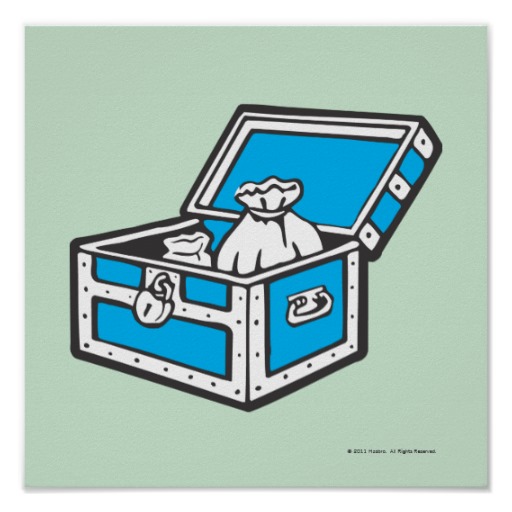
**RUN IN PLACE**

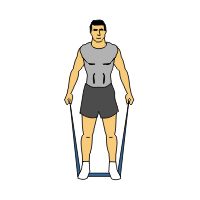
**BOARDWALK**



**FORWARD LUNGES**

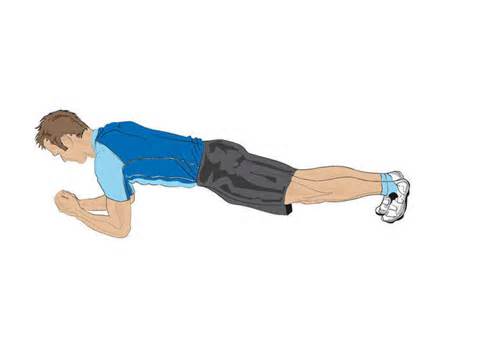
**COMMUNITY CHEST**





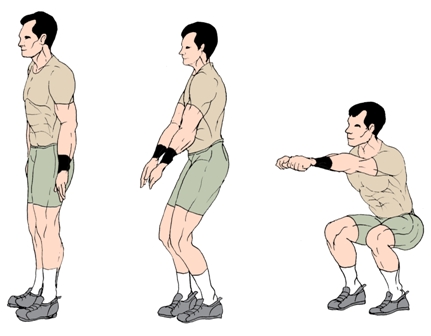
**Resistance Bands**

**VERMONT AVENUE**

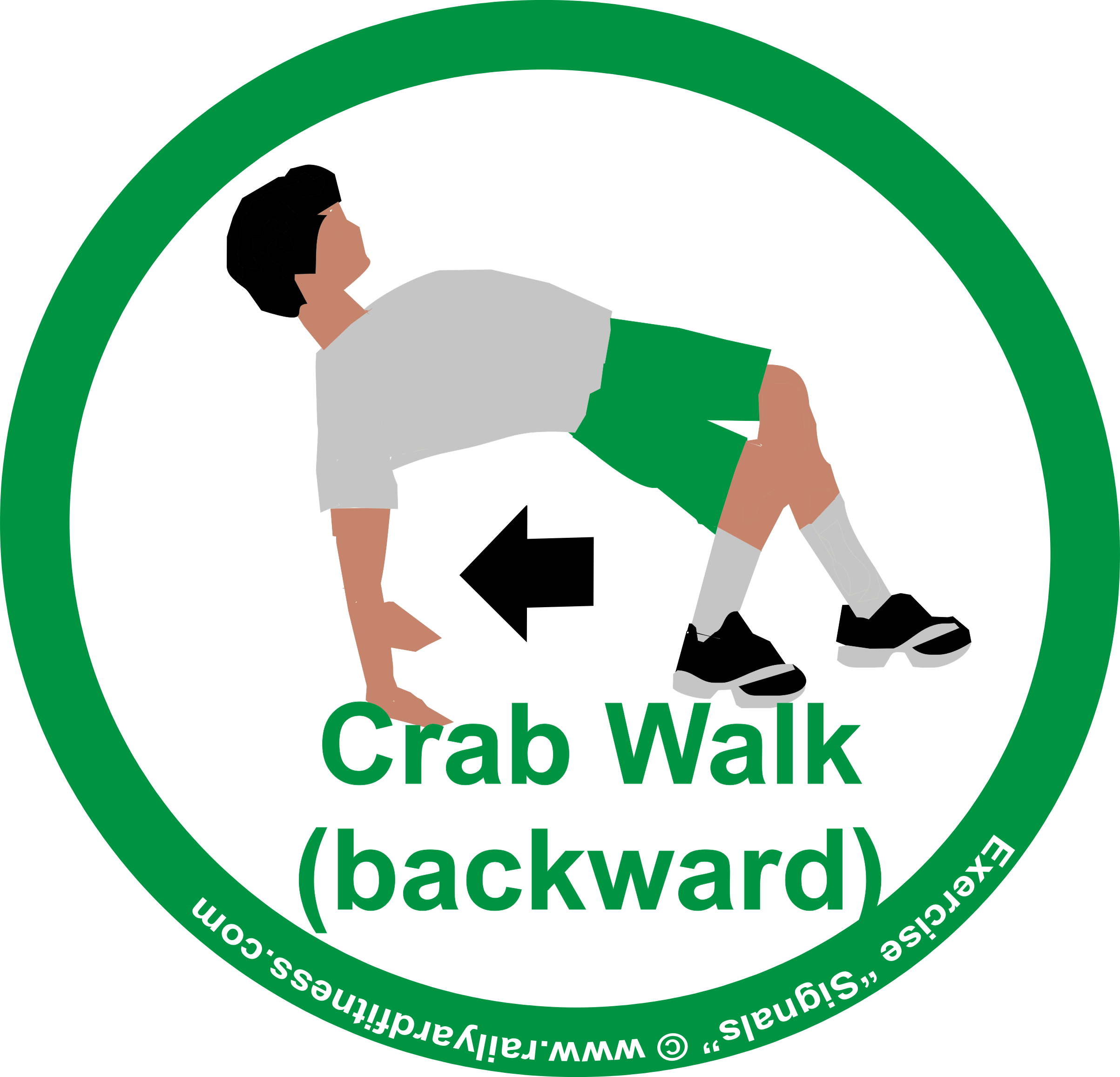
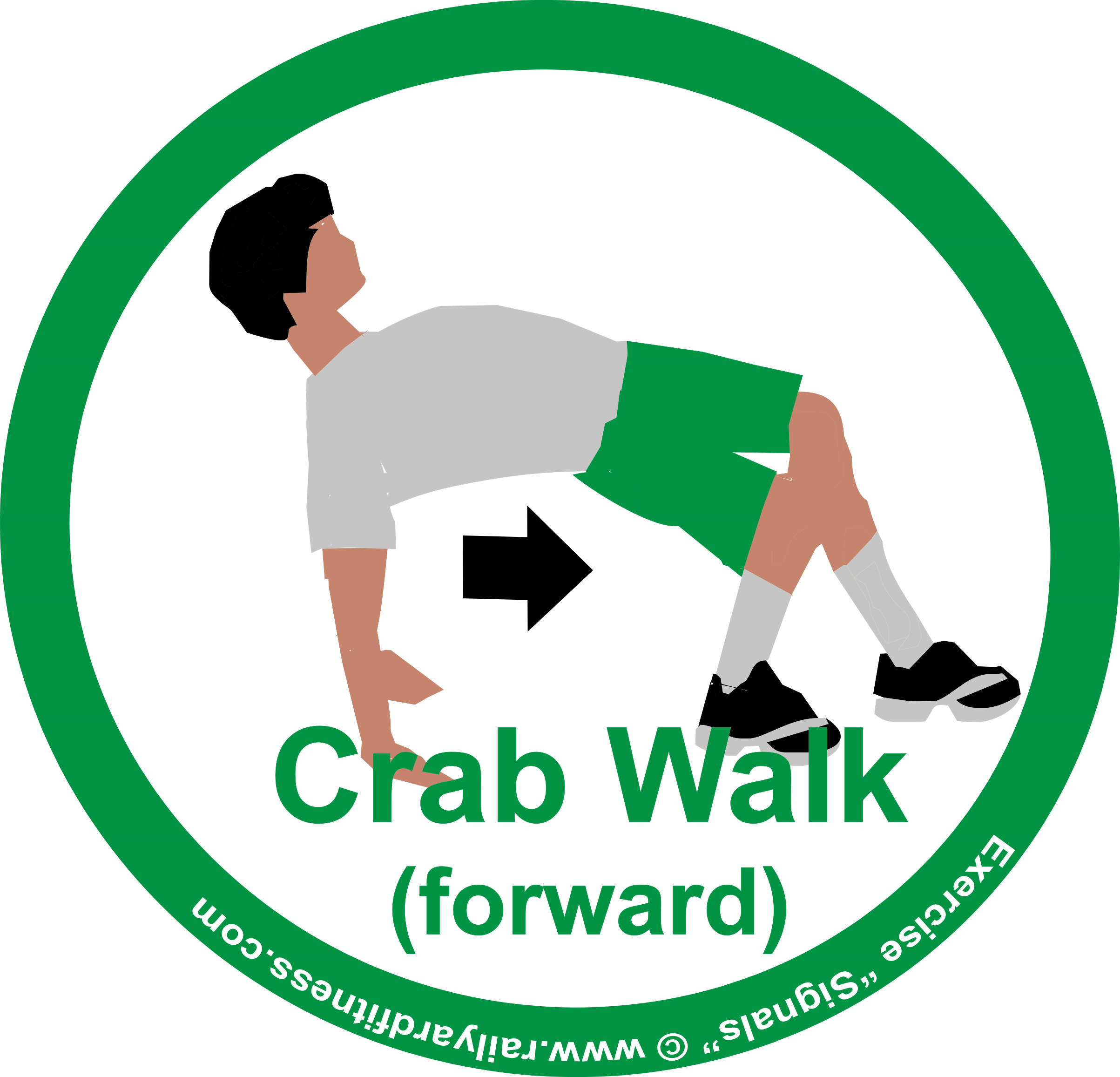


**PLANKS**

**TENNESSEE AVENUE**



**BODY SQUATS**

**KENTUCKY AVENUE**

**CRAB WALK**

**ST. CHARLES PLACE**



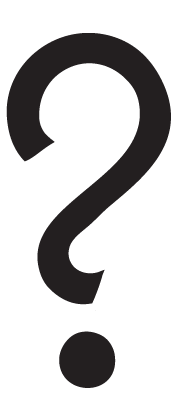
**PLYO JUMPS**

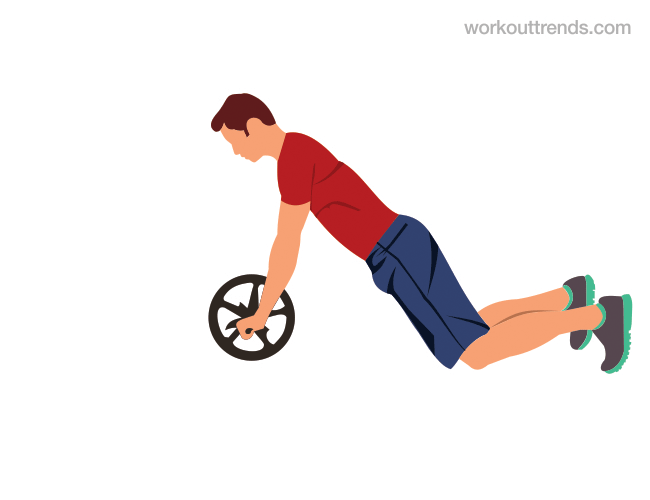
**MARVIN GARDENS**



**SIT AND REACH**

**CHANCE**



 **Ab Wheel Exercise**

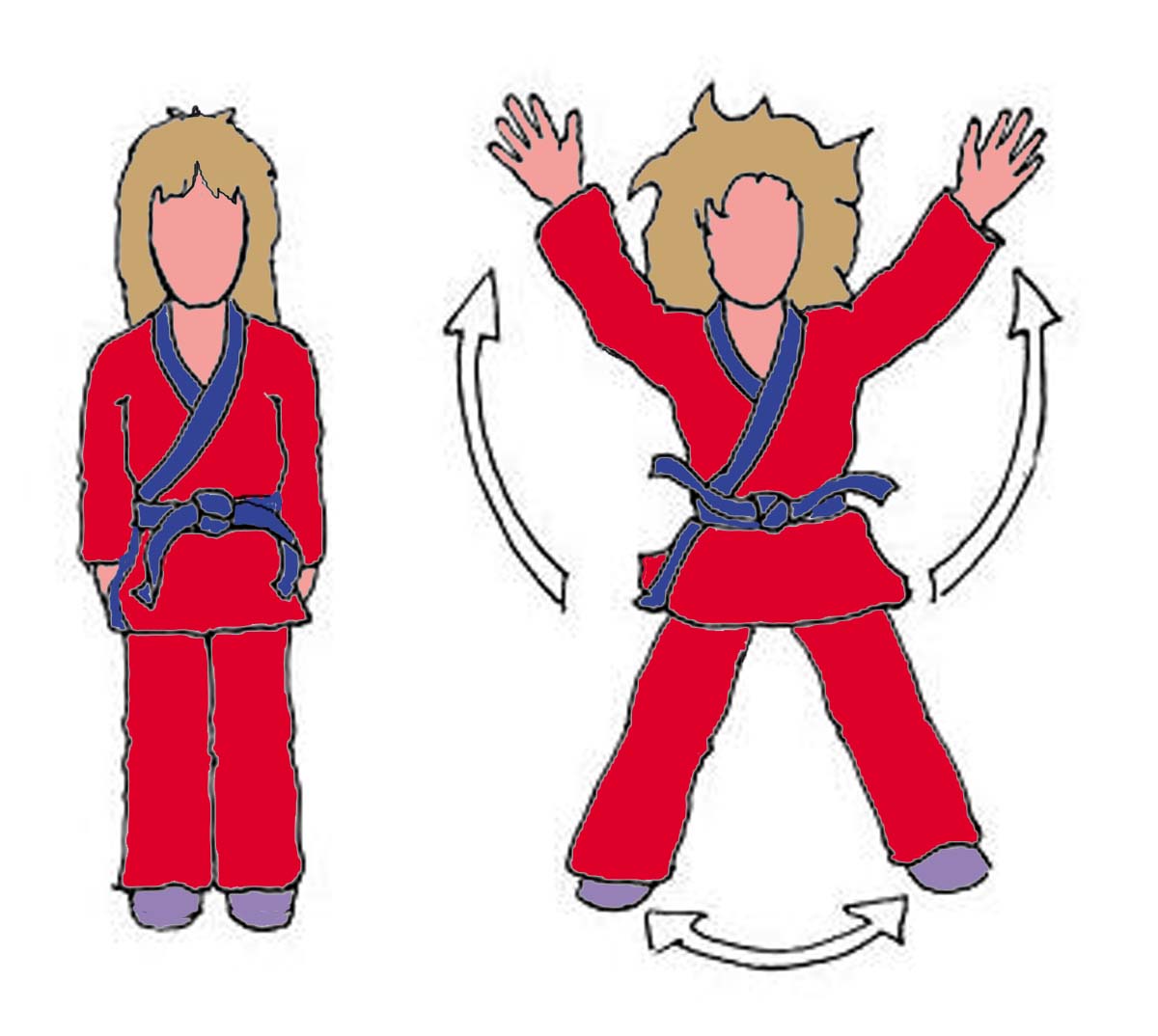
**FREE PARKING**





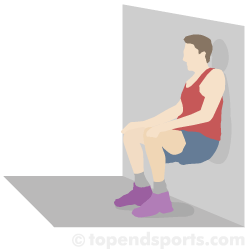
**Take a Waterbreak!**

**ORIENTAL AVENUE**



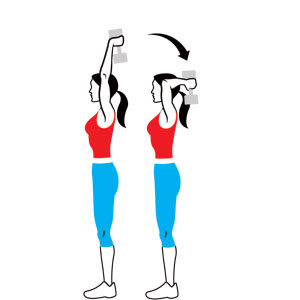
**JUMPING JACKS**

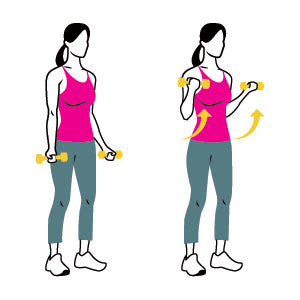
**BALTIC AVENUE**



**WALL SITS**

**NEW YORK AVENUE**

****

**BICEP CURL & TRICEP EXTENSION**

**VENTNOR AVENUE**

****

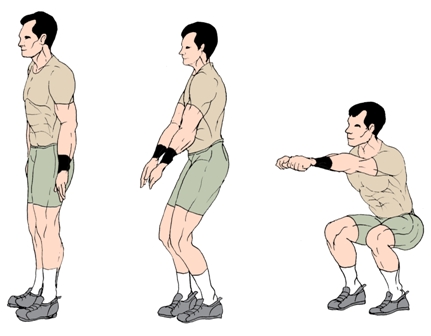
**RUN IN PLACE**

**PENNSYLVANIA AVENUE**

****

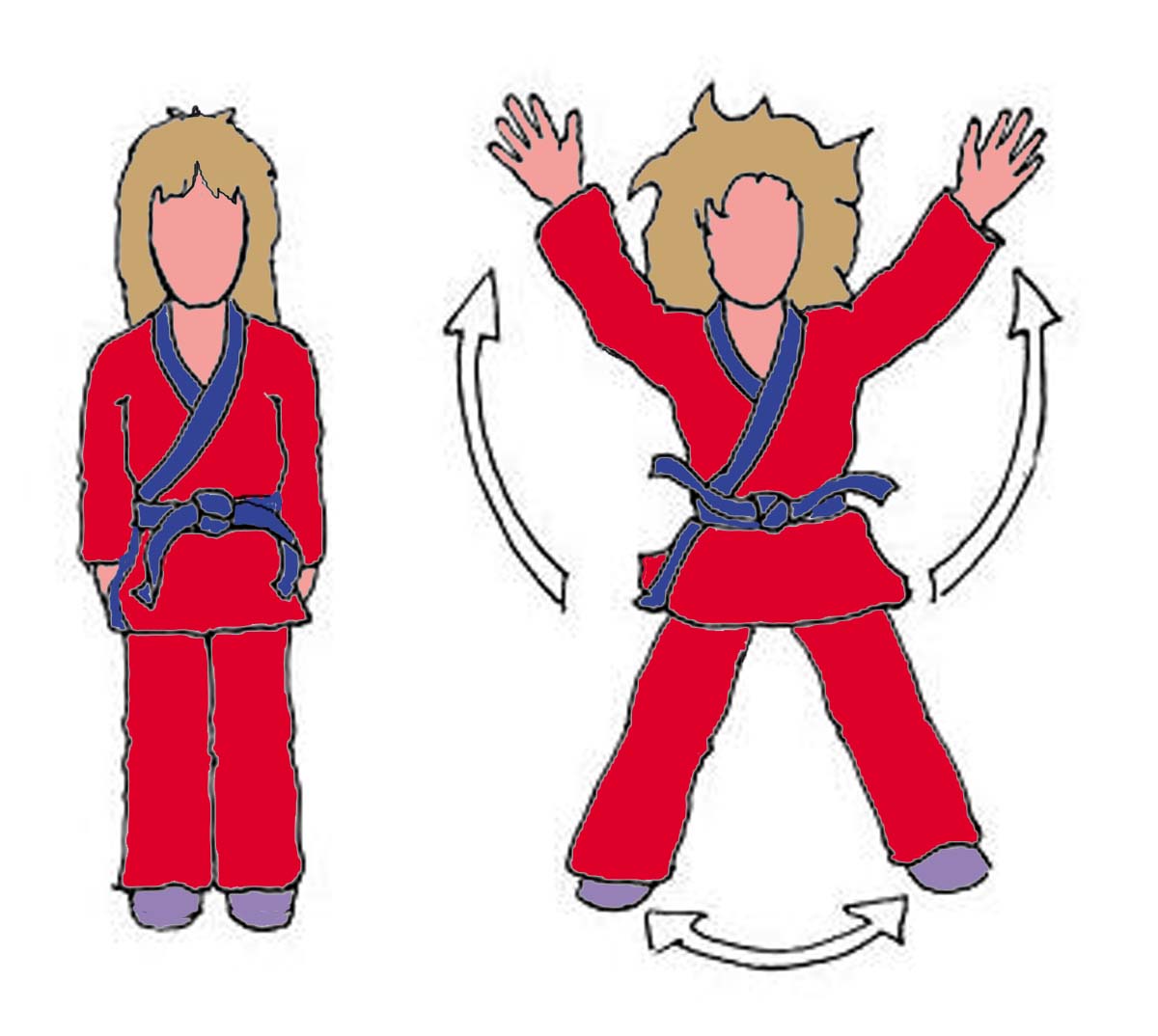
**SIT AND REACH**

**ILLINOIS AVENUE**

****

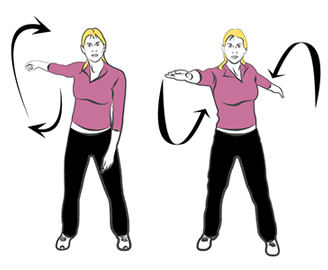
**BODY SQUATS**

**INDIANA AVENUE**

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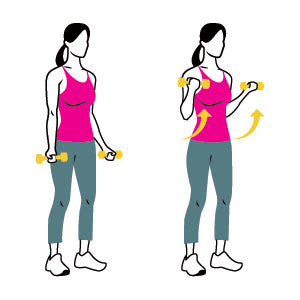
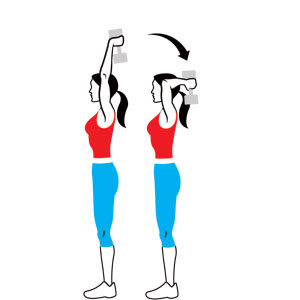
**JUMPING JACKS**

**NEW YORK AVENUE**

****

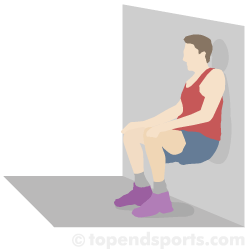
**ARM CIRCLES**

**ST. JAMES PLACE**

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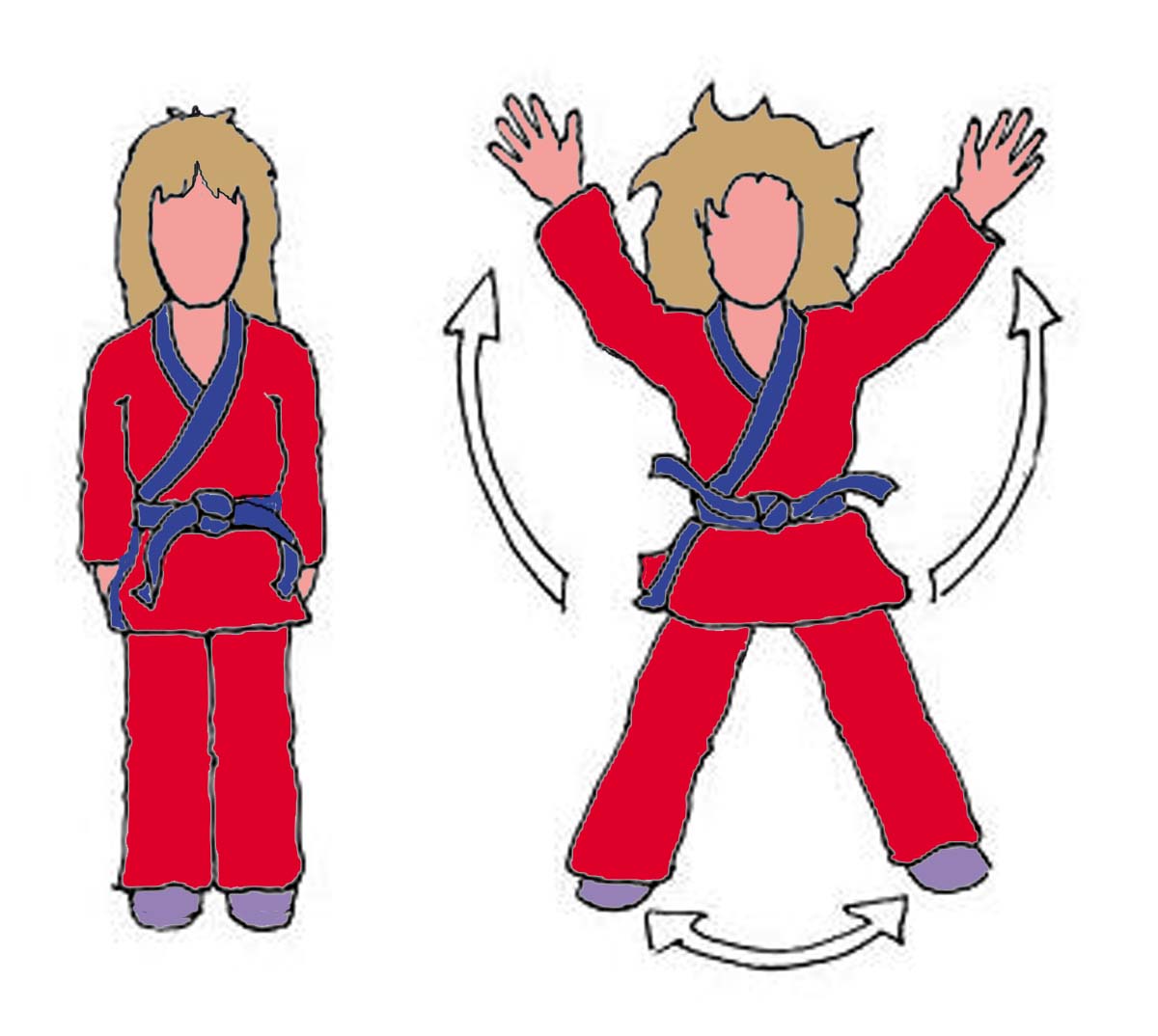
**BICEPS CURLS & TRICEPS EXTENSIONS**

**VIRGINIA AVENUE**

****

**WALL SITS**

**STATES AVENUE**

****

**JUMPING JACKS**

**CONNECTICUT AVENUE**

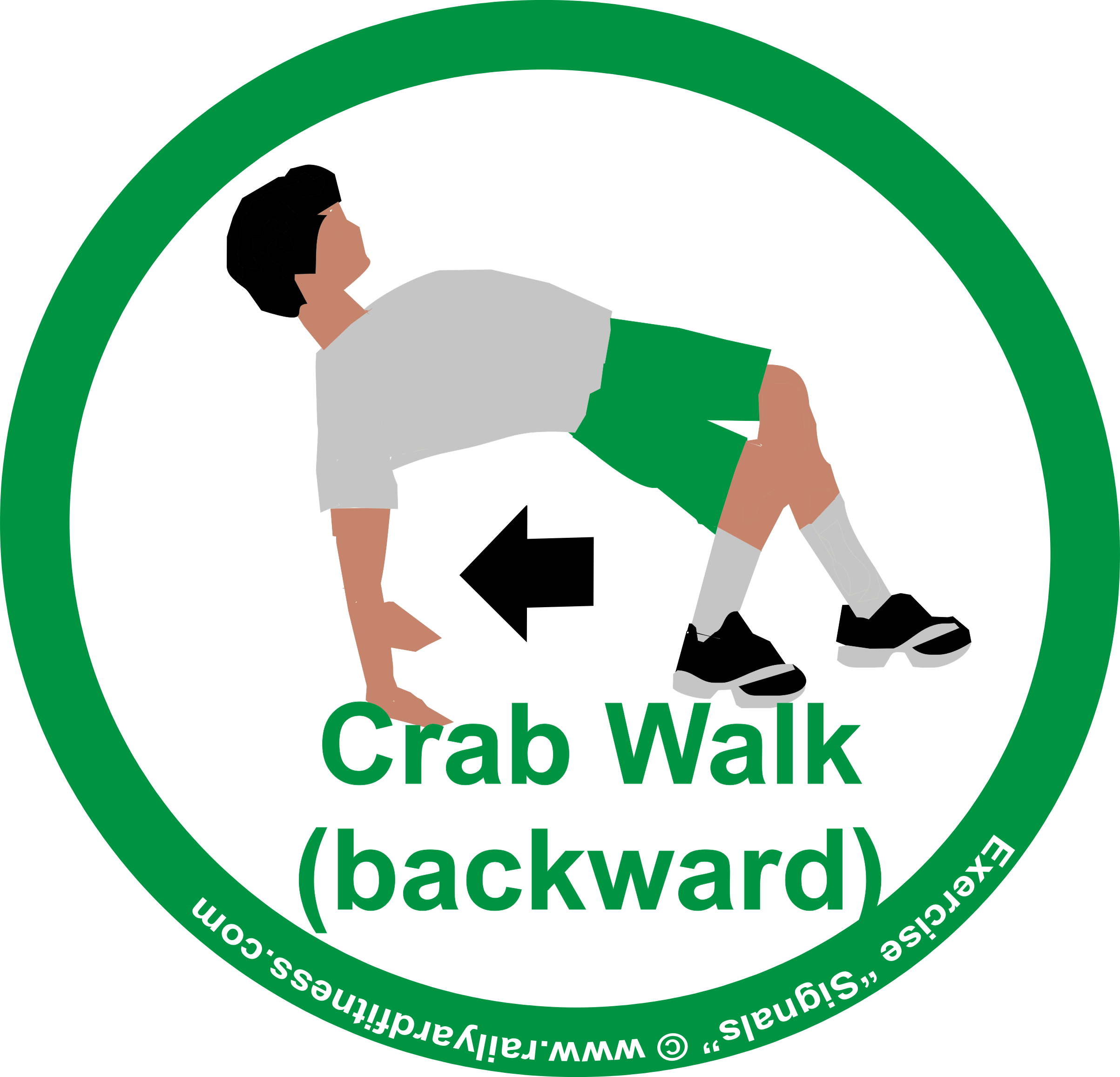
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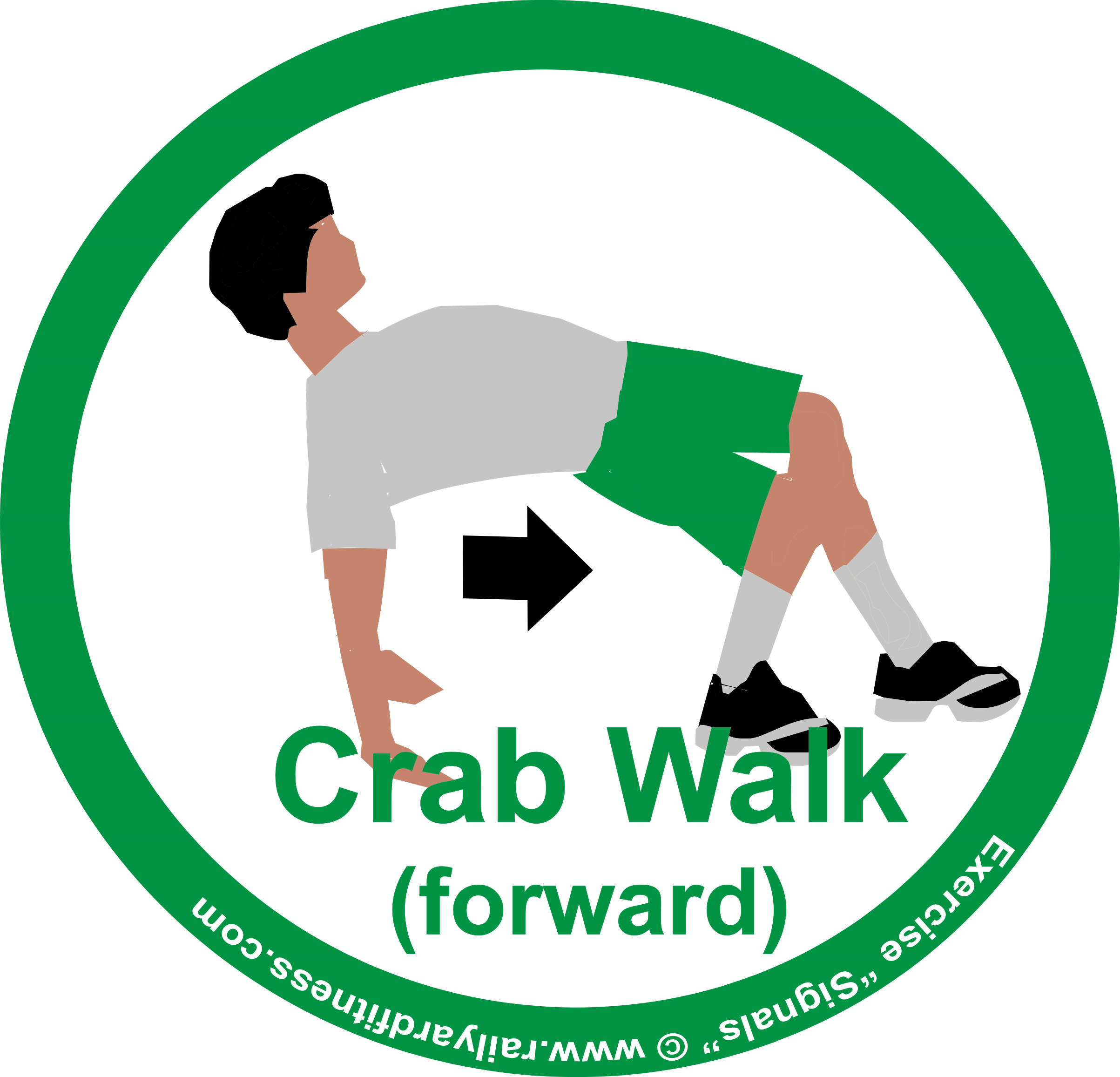
**SIT AND REACH**

**MEDITERRANEAN AVENUE**

****

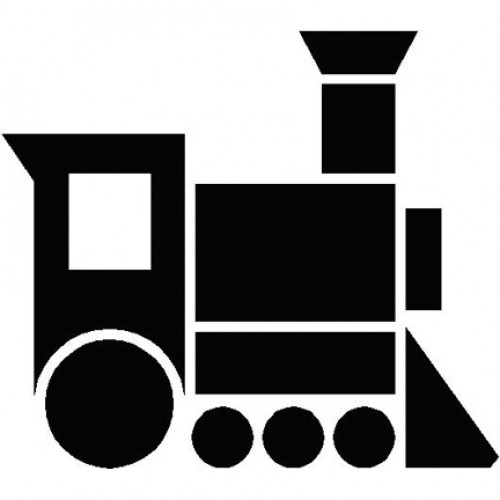
**PLYO JUMPS**

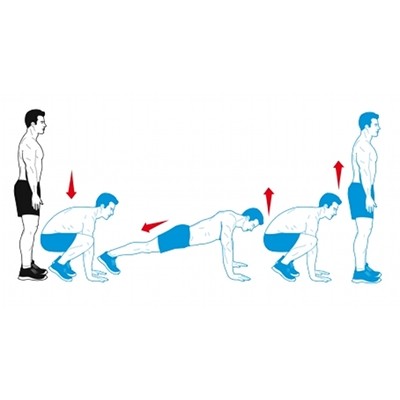
**PARK PLACE**

****

**CRAB WALK**

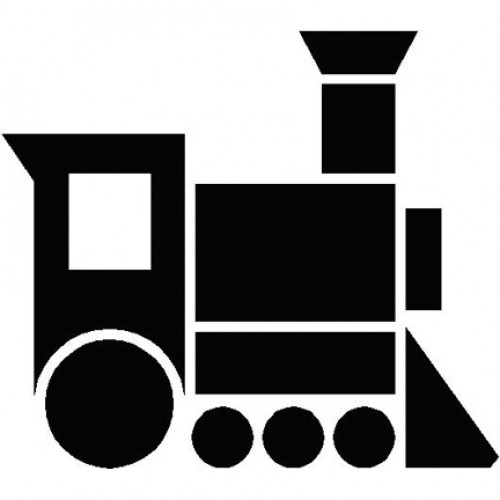
**PENNSYLVANIA RAILROAD**

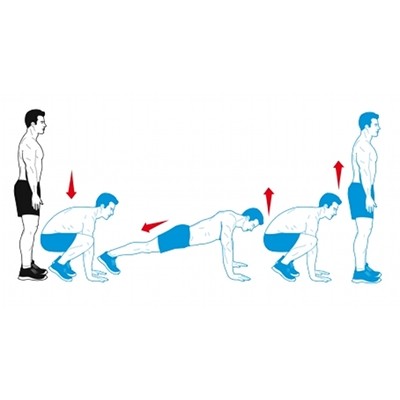




**BURPEE**

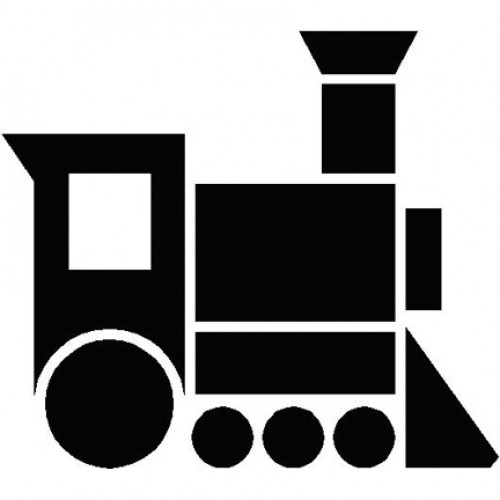
**SHORT LINE**

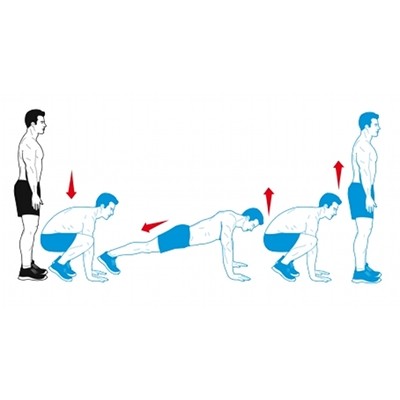




**BURPEE**

**READING RAILROAD**

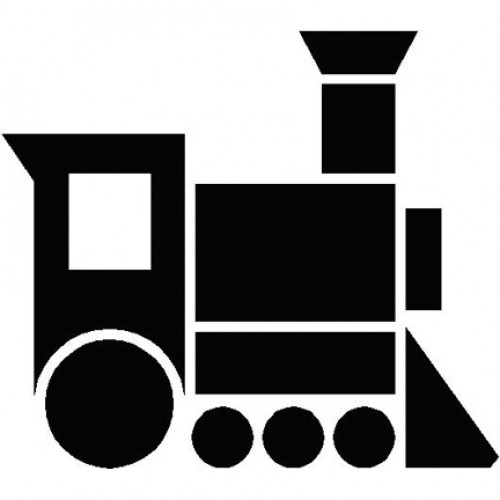


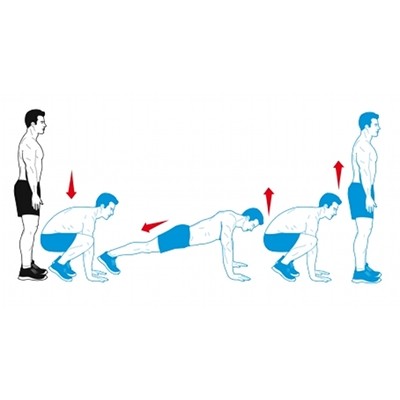


**BURPEE**

**B&O**

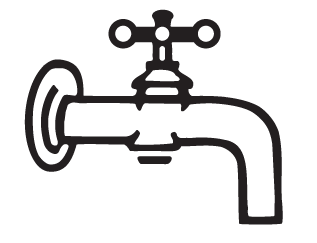
**RAILROAD**

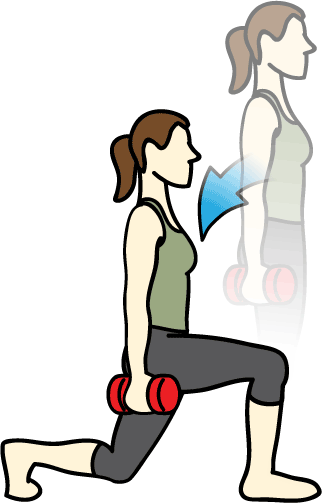




**BURPEE**

**WATER WORKS**





**REVERSE LUNGES**

**LUXURY TAX**

****

**JUMP ROPE**

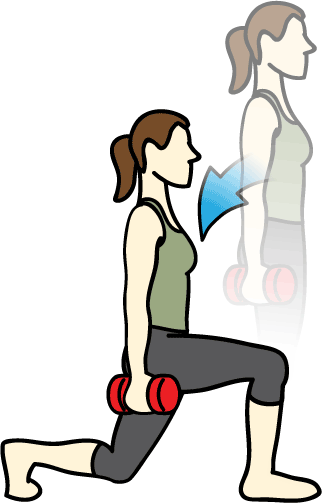
**INCOME TAX**

****

**JUMP ROPE**

**ELECTRIC COMPANY**



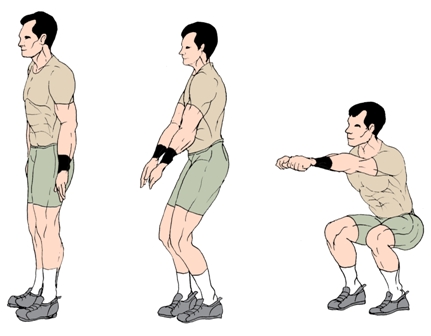


**REVERSE LUNGES**

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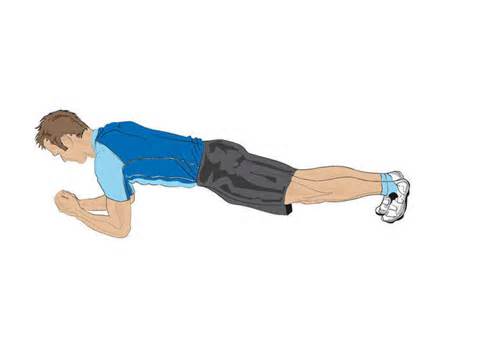


 **MEMPHIS AVENUE**

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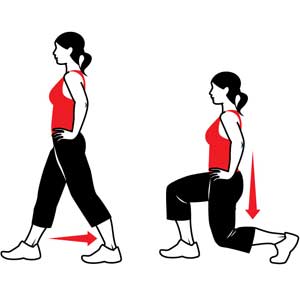
**BODY SQUATS**

**NASHVILLE AVENUE**

****

**PLANKS**

**BEALE STREET**

****

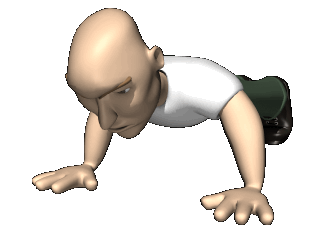
**FORWARD LUNGES**

**OHIO AVENUE**

****

**RUN IN PLACE**

**IOWA AVENUE**

****

**PUSH-UPS**

**KANSAS AVENUE**



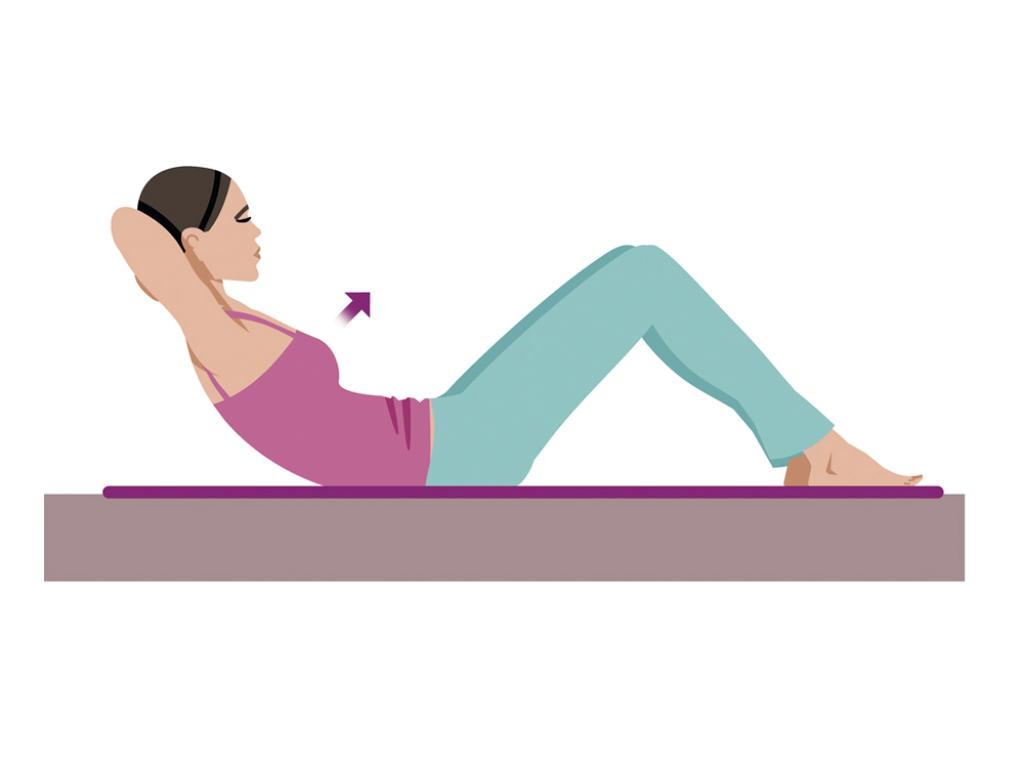
**JUMP ROPE**

**CALIFORNIA AVENUE**

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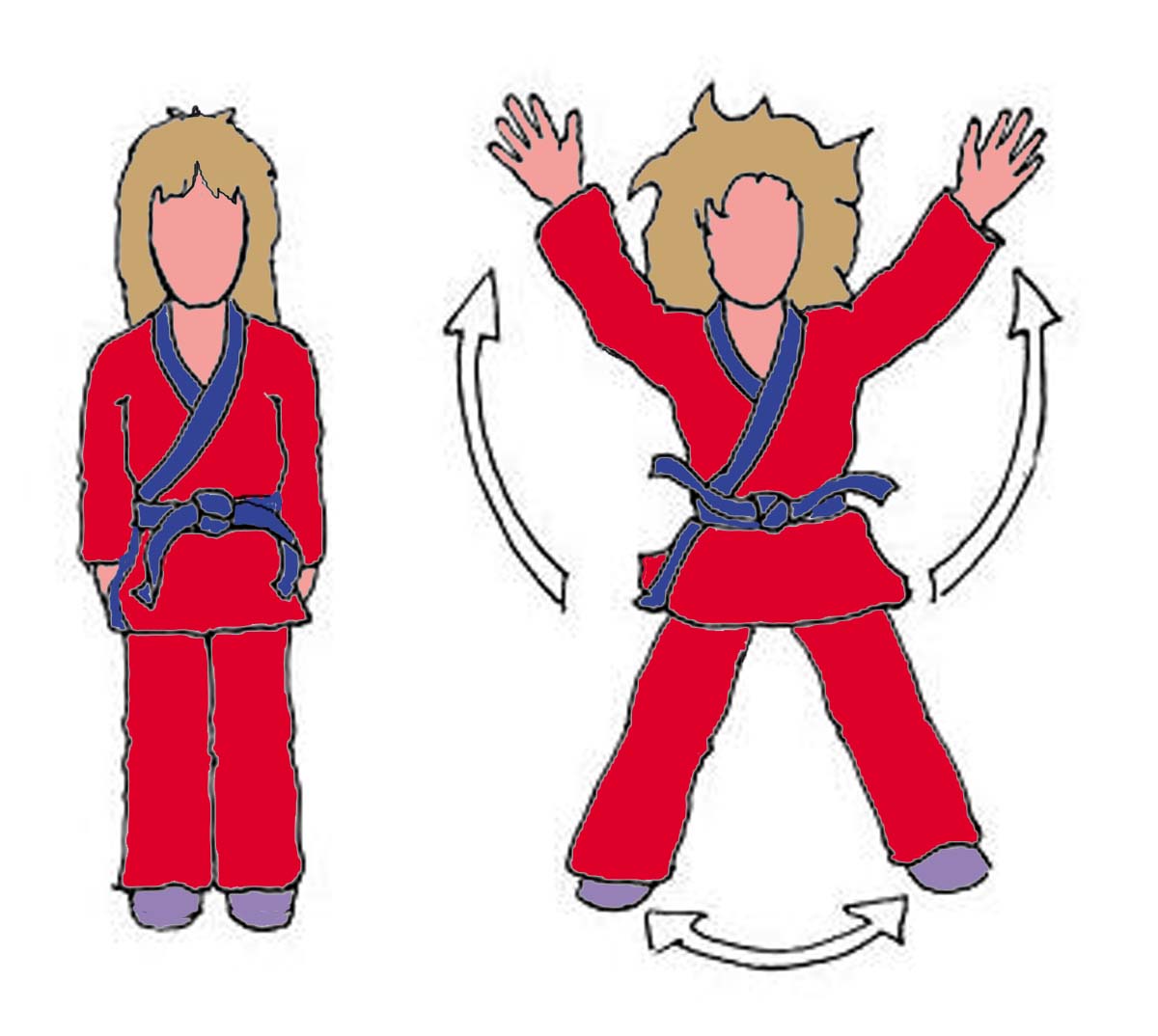
**AEROBIC STEP-UPS**

**OREGON AVENUE**



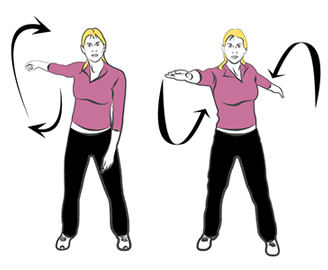
**SIT-UPS**

**NEW ORLEANS AVENUE**



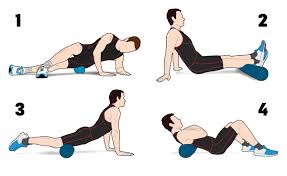
**JUMPING JACKS**

**MIAMI AVENUE**



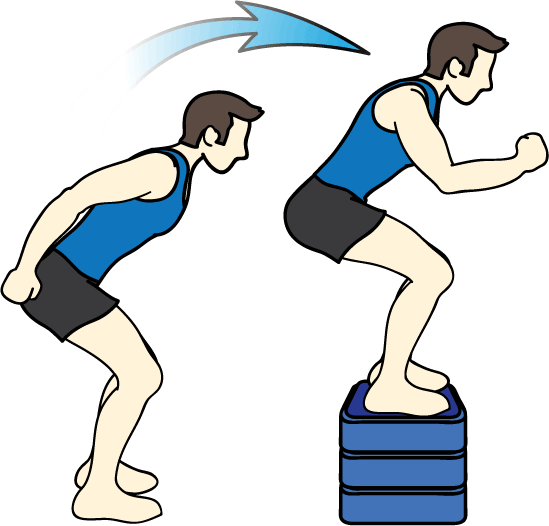
**ARM CIRCLES**

**DALLAS AVENUE**

[](http://www.google.com/imgres?imgurl=http://www.triradar.com/files/2012/06/Roller-Exercises.jpg&imgrefurl=http://www.triradar.com/training-advice/essential-foam-roller-moves/&h=368&w=600&tbnid=Y9POR-NlEd5eLM:&zoom=1&docid=gLRP60RfCmGAYM&ei=ZKpgVfCqN8rHsAWttIDoAQ&tbm=isch&ved=0CFkQMygdMB0)

FOAM ROLLER

Belmont Avenue



**PLYOMETRIC BOX JUMPS**