**What’s New**

**THE PHYS ED EXPRESS**

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**PE Skills Portfolio**

\*No meeting for February. Next meeting will be Wednesday, March 9th (4:30-5:30)

\*Have your 6 growth selections identified for each assessment by March 9th.

\*Share videos to get feedback in identifying proper growth selections.

\*[PE Skills Portfolio Page](https://www.thephysedexpress.com/pe-portfolio.html) on my website is a valuable resource you should utilize, if needed.

\*USA Karate is visiting GMSD PE Classes! Check out the dates below:

-RES GYM A: 1/31-02/04

-HMS: 02/07-02/11

-RES GYM B: 02/28-03/04

*\*Schedule your session by reaching out to PE Lead Bland.*

\*Nominate the 2022 GMSD PE Teacher of the Year! [Click Here](https://forms.gle/CfYUa6dgPoZyXeao6)

**P.E. 2 The Max**

**J.D. Hughes PD**

**Health Highlights:**

**January**

\*Our DLD on February 21st will take place @FHES from 8:30-3:00.

\*Collierville PE teachers will join us at FHES for this DLD.

\*Breakfast, snacks, and coffee will be provided. (Lunch is on your own from 11:30-12:30).

\*Click [here](https://drive.google.com/drive/folders/14ALnEpLmnan5YpQjI6O3enEgsXsPOQTp?usp=sharing) to access some J.D. Hughes resources.

**PE EQUIPMENT**

\*Health Ed Curriculum online for HHS Lifetime Wellness.

Click [Here](https://www.thephysedexpress.com/hhs-school-health-education.html) (PW: GMSD2021)

\*[PACER](https://www.thephysedexpress.com/fitness-gram.html) test should be completed this semester for grades: 4th, 6th, 8th, and 9th

\*Email me the names of your top 3 boys & girls from the PACER test for the [Superintendent’s Fitness Challenge](https://www.thephysedexpress.com/superintendents-fitness-challenge.html).

\*CSH Mini Grant Application now available. [Click Here](https://www.thephysedexpress.com/funding-resources.html)

\*January’s CSH Mini-Grant winner: Rob LeGault received 20 FUTP 60 aprons for his school’s Nutrition Council.

\*Thank you for sharing equipment! It makes a difference!

**Kid’s Heart Challenge**

**AHA**

**PE News**

\*Informal PE observations will continue this month with HHS & RES.

\*Complete a [TAHPERD Grant](https://docs.google.com/forms/d/e/1FAIpQLSdePl2W61s5FewcTJKlgxNtPytYC8z3YjX-mZpx2uok2KqxDg/viewform) to receive additional PE funds.

\*J.D. Hughes PD is February 21st

\*Coaches should be updated on trainings:

-[Concussion Management](https://www.thephysedexpress.com/concussion-info-and-form.html)

-[Sudden Cardiac Arrest](https://www.thephysedexpress.com/sudden-cardiac-arrest-info-and-form.html)

-[Heat-Illness Prevention](https://www.thephysedexpress.com/heat-illness-prevention-training.html)

\*Large Group PE Course. [Here](https://coursecraft.net/courses/z9Y3E/splash)

\*Looking for additional funds for your PE program?! Consider having the Kid’s Heart Challenge take place at your school!

\*Earn a combination of points to redeem at U.S. Games & funds that will go directly to your PE program.

\*Email me to get this scheduled for your school.

**Coaches Corner**