**Fantasy Fitness team sheet**

|  |  |
| --- | --- |
| Team name: |  |
| Managers name: |  |
| Formation (4-4-2,4-5-1 or 4-3-3):  |  |
| **Team Sheet**  |
| Position | Name | Tier | Value | Exercise |
| **1** |  |  |  |  |  |
| **2** |  |  |  |  |  |
| **3** |  |  |  |  |  |
| **4** |  |  |  |  |  |
| **5** |  |  |  |  |  |
| **6** |  |  |  |  |  |
| **7** |  |  |  |  |  |
| **8** |  |  |  |  |  |
| **9** |  |  |  |  |  |
| **10** |  |  |  |  |  |
| **11** |  |  |  |  |  |
|  | Total=  | Total=  |

|  |
| --- |
| **Subs Bench** |
| Position | Name | Tier | Value | Exercise |
| **1** |  |  |  |  |  |
| **2** |  |  |  |  |  |
| **3** |  |  |  |  |  |
| **4** |  |  |  |  |  |