BEST FOR ALL

We will set all students on a path to success.

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Coordinated School Health |Date

TN Department of Education

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ACADEMICS

ALL TENNESSEE STUDENTS WILL HAVE ACCESS TO A HIGH-QUALITY EDUCATION, NO MATTER WHERE THEY LIVE

STUDENT READINESS

TENNESSEE PUBLIC SCHOOLS WILL BE EQUIPPED TO SERVE THE ACADEMIC AND NON-ACADEMIC NEEDS OF ALL STUDENTS IN THEIR CAREER PATHWAYS

EDUCATORS

TENNESSEE WILL SET A NEW PATH FOR THE EDUCATION PROFESSION AND BE THE TOP STATE IN WHICH TO BECOME AND REMAIN A TEACHER AND LEADER FOR ALL

Best for All Strategic Plan Overview

ACADEMICS: All Tennessee students will have access to a high-quality education… *by learning to read and reading to learn with high-quality materials.*

STUDENT READINESS: Tennessee schools will be equipped to serve the academic and non-academic needs of all students… *by developing robust career pathway opportunities and connecting students to real-time support.*

EDUCATORS: Tennessee will set a new path for the education profession… *by becoming a teacher for free.*

Best Practices for Physical Activity Policy

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Objectives

§ Review and discuss sample policy language, resources to leverage potential policy change, and alternatives and resources to put into practice.

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We're talking about policy in place against:

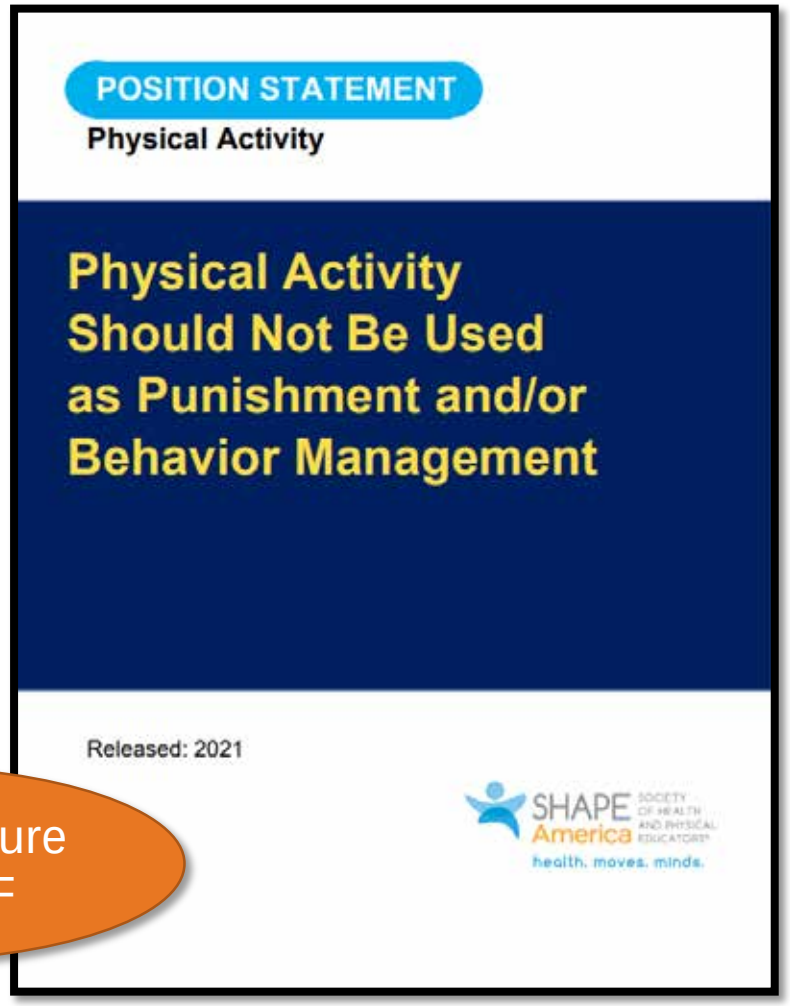
- Denial of recess as form of punishment (example: sitting on bench during recess; walking fence instead of free play)
- Denial of PE as a form of punishment (example: made to do incomplete classwork during PE time)
- Denial of PA as a form of punishment (example: not allowed to participate in Go Noodle because of talking back to teacher)
- Using PA as a form of punishment (example: running laps for talking back to teacher)

Most Recent Tennessee Data

- Only 69 districts report having policy in place against all four inappropriate practices
- 29 of those districts report continuing the inappropriate practices, despite a full policy being in place

The Message

- Using or withholding of physical activity as punishment is an inappropriate practice that should be prohibited in local district policy.
- SHAPE America's related position statement was recently updated (Winter 2021)



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Why aren’t we seeing this in practice?

- Lack of policy
- Lack of policy communication
- No ownership
- “It’s the only thing that works”
- It’s what they’ve always done
- Not important enough to address on a school level
- Lack of resources/ideas for alternatives

Considerations for Change

- Know your stakeholder
- Change takes time
- Professional development
- Leverage existing policy examples
- Consider rewards vs. demerits
- School culture and discipline philosophy
- Classroom management, classroom management, classroom management

Active Students, Active Learners

Thank you

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