

DIABETES

A student with diabetes may have the following symptoms:

- Tiredness/Sleepiness.
- Weakness.
- Lightheaded/Dizziness.
- Irritability and feeling upset.
- Change in personality.
- Sweating and feeling “shaky.”
- Loss of consciousness.
- Confusion or strange behavior.
- Rapid, deep breathing.
- Breath has a sweet “fruity” odor.

A student suffering from hypoglycemia can worsen rapidly; it is important to continuously monitor the student.

Refer to the student’s emergency care plan.

Is the student:

- Unconsciousness or losing consciousness?
- Having a seizure?
- Unable to speak?
- Having rapid, deep breathing?

NO

YES

Does the student have a blood sugar monitor immediately available?

CALL EMS/911

Allow the student to check blood sugar, assisting as needed.

Is blood **sugar less than 60** or **“LOW”** according to emergency care plan?
Or
Is blood sugar **“HIGH”** according to emergency care plan?

LOW

Give the student “sugar” such as: (be cautious with sugar choice if student is not alert or is losing consciousness:

- Fruit juice or soda (not diet) 6-8 ounces.
- Hard candy (6-7 lifesavers) or ½-candy bar.
- Sugar (2 packets or 2 teaspoons).
- Instant glucose.
- Cake icing.

- Continue to watch the student in a quiet place. The student should begin to improve within 10 minutes.
- Allow student to re-check blood sugar, assisting student as needed.

Is the student improving?

NO

YES

CALL EMS/911.

Monitor student until EMS arrives.

Monitor the student until EMS arrives.

Administer glucagon per MD order. When EMS arrives, inform that glucagon was administered.

NO

Document care provided and medication administered, if applicable.

Contact responsible school authority & parent/guardian.

Follow the student’s health care plan for treatment of hyperglycemia.

NO

YES

Is the student exhibiting any of the following signs and symptoms?

- Dry mouth, extreme thirst, and dehydration.
- Nausea and vomiting.
- Severe abdominal pain.
- Fruity breath.
- Heavy breathing or shortness of breath.
- Chest pain.
- Increasing sleepiness or lethargy.
- Depressed level of consciousness.

HIGH