**A**

 **Apology**



**B**

 **Breakfast Breathing** 

**C**

**Cardiovascular Endurance Cool down**



**D**

 **Dodging Dribbling**



 **Defense**



**E**

**F**

 **Food Frequency**



**G**

**H**

 **Handshake Hydration**



**I**

 **Intensity**



**J**

**Jog**



**K**

**L**

**M**

 **Moderate exercise Muscular strength**

 **and endurance**



**N**

**O**

 **Opposition Overhead catch**



 **Offense**



**P**

 **PACER Prevention**



**Q**

**R**

 **Reaction time**



**S**

 **Swinging an object Strategy**



 **Sportsmanship Self-confidence**



**T**

 **Throwing Type**



 **Time**



**U**

**V**

 **Vigorous activity**



**W**

**Water**



**X**

**Y**

**Yoga**



**Z**