

***Ninja: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Dojo: \_\_\_\_\_\_\_\_***

***Jump Rope Ninja Challenge***

A different peer observer signs off for each completed level.

3 attempts for any given observer - after 3 mistakes, go back to your base to practice before your next attempt.

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| Level 1 - White Belt Ninja    5 Consecutive Jumps  Observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Level 2 - Yellow Belt Ninja    3 Different Jump Rope Skills  5 Consecutive Jumps Each  Observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Level 3 - Orange Belt Ninja    4 Different Jump Rope Skills  5 Consecutive Jumps Each  Observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Level 4 - Green Belt Ninja    10 Consecutive Jumps  3 Different Jump Rope Skills  Observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Level 5 - Blue Belt Ninja    5 Different Jump Rope Skills  5 Consecutive Jumps Each  TEACHER CHECK-IN: \_\_\_\_\_\_\_\_\_\_\_\_ | Level 6 - Purple Belt Ninja    7 Different Jump Rope Skills  5 Consecutive Jumps Each  Observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Level 7 - Brown Belt Ninja    10 Consecutive Jumps  5 Different Jump Rope Skills  Observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Level 8 - Red Belt Ninja    10 Different Jump Rope Skills  10 Consecutive Jumps Each  Observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Level 9 - Black Belt Ninja    15 Different Jump Rope Skills  10 Consecutive Jumps Each  Teach Others Who Need Help  TEACHER CHECK-IN: \_\_\_\_\_\_\_\_\_\_\_\_ |

***Black Belt Ninjas: Wear a vest and work as a Sensei to assist others working toward their belts.***

***How do you feel about your performance today?*** 

