Catching and Throwing Assessment:

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| Name | Tracks Scarf with eyes | Catches Scarf tossed to self | Catches a thrown scarf |
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Check if students can perform skill with accuracy

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| Name | Catches above waist with thumbs together | Catches below waist pinkies together | Recite cues for above and below waist |
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Check if student can perform with accuracy

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| Name | Throws underhand: | Throws overhand: |
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Underhand rubric:

1. gets just arm back
2. arm back and step with opposite foot and throw
3. arm back, step opposite foot, throw
4. arm back, step opposite foot, throw, and follow through

Overhand rubric:

1. ready position and T
2. ready position, T, step, throw
3. ready position, T, step, throw, point
4. ready position, T, step, throw, point, and follow through