**\*Using an iPod, scan a QR Code for each of the following activities based upon your comfort level. Perform the activity based upon the given directions! If an activity is too easy or too difficult you should scan a different code to meet your needs and successfully complete the task.**

**Basketball QR Codes**

**Dribbling:**

 Novice 1 Intermediate 1 Advanced 1

**Passing:**

 Novice 1 Intermediate 1 Advanced 1

  

**Shooting:**

 Novice 1 Intermediate 1 Advanced 1

  

**Jump Rope QR Codes**

**Jump Rope:**

 Novice 1 Intermediate 1 Advanced 1

 

**Partner Jump Rope:**

 Novice 1 Intermediate 1 Advanced 1

 

**Running QR Codes**

 Novice 1 Intermediate 1

Advanced 1 **Exit Ticket**



**Jump Rope QR style**

 **Level 1 Level 2 Level 3**

