**What’s New**

**THE PHYS ED EXPRESS**

*Vol. 2 Issue 7*

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**PE Skills Portfolio**

\*PE Portfolios are due in Portfolium by May 1, 2022.

\*Reach out to have videos reviewed and get feedback prior to submitting, if needed.

\*PE Portfolio Pages can be found on PE Quick Links Page: [Click Here](https://www.thephysedexpress.com/pe-quick-reference.html)

\*Sign-up to be a Peer Reviewer and earn extra $$$: [Click Here](https://stateoftennessee.formstack.com/forms/2022_expert_peer_reviewer_application_form)

\*Final Meeting: 04/20/2022

\*[Hydrate for Health](https://www.thephysedexpress.com/hydrate-for-health.html) challenge for both staff & students. Feel free to share with your students.

\*Speed Stack Demos taking place at RES & DES this month.

\*CPR Training at HHS on April 8th (9th grade) & April 22nd (11th)

\*7th Grade CPR Training at HMS (May 9th)

**Professional Development**

**PE:**

**Superintendent’s Fitness Challenge**

\*Use this link to access Professional Learning Opportunities for Summer 2022 (currently not uploaded yet) [Click Here](https://www.tn.gov/education/active-academics/active-students--active-learners/professional-learning.html)

\*West Regional Health & PE Learning Opportunity will take place at Dogwood Elementary on Thursday, July 7th.

\*Bike Skills Training session with the Memphis Hightailers will take place this summer. Interest survey will go out soon to determine the best time to happen.

**Fitness Gram**

**PACER**

\*Huge thanks to those that submitted their top 3 boys & girls from the PACER test.

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\*PACER scores are due to me by Friday, May 6th

\*Use the following link to access to ways to submit your PACER scores: [Click Here](https://www.thephysedexpress.com/pacaer-reports.html)

\*Required grades for PACER scores: 4th, 6th, 8th & 9th

**Things to consider…**

**Future Planning**

**PE Observations**

\*All PE (formal) walkthroughs have been completed. Thank you for showcasing the great work that’s taking place in your gyms!

\*Keep working to inspire your students each and every day!

\*[HHS Family Life Page](https://www.thephysedexpress.com/flc-9-12-grades.html) has the lessons you’ll need to cover, parent letter to send home, and completion survey.

\*Email me to let me know which week you’ll complete this.

\*If there’s a program or specific equipment that you need for your PE program, let me know so I can work on building it into my CSH and title budget.

\*HHS & HMS will receive Drum FIT for next year to incorporate into their PE programs.

\*RES will receive the Bike Education Program.

**Family Life (HHS)**