

# TEAM Student Growth Portfolio Rubric

Third - Fifth Grade Physical Education

The recommended method of viewing scoring rubrics is within the TEAM Portfolio online system.

\*\*Levels 6 and 7 should only be used for student work that is rated at an advanced level at point A as developmentally appropriate.

#### A. Overhand Throw

Student faces the direction of throw, tosses a ball above their head, and catches it. Following the catch, the student moves right into an overhead throw for distance without pause. One attempt is all that is required. A teacher may request a second attempt. If used, the second attempt is scored.

### Critical Elements:

Overhand:

- 1) Hip and spine rotate as throwing action is executed (front of body faces camera) resulting in side to target
- 2) Arm back and extended with elbow at shoulder height or slightly below
- 3) Steps with opposition as throwing arm moves forward
- 4) Elbow leads forward progression of throw
- 5) Follows through toward and across body

1	2	3	4	5	6**	7**
Student does not use an overhand throw pattern (for distance or force).	Student catches a self- tossed ball and uses an overhand throw pattern (for distance or force).	Student catches a self-tossed ball and uses an overhand throw pattern (for distance or force).	Student catches a self-tossed ball and uses an overhand throw pattern (for distance or force).	Student catches a self-tossed ball and uses an overhand throw pattern (for distance or force).	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.
		AND	AND			
	AND			AND		
	Demonstrates one or two of the five critical elements* of a mature pattern.	Demonstrates three of the five critical elements* of a mature pattern.	Demonstrates four of the five critical elements* of a mature pattern.	Demonstrates all five of the critical elements* of a mature pattern.		

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## **B. Overhand Volley**

Student uses a two-handed overhead volley to strike/volley the ball over the net and to the target thrower in four attempts. The attempts begin from a toss made from a skilled thrower on the opposite side of the net.

### Critical Elements:

Overhead Volley:

- 1) Body aligned and positioned under the ball
- 2) Knees and elbows bent in preparation for the volley
- 3) Hands rounded; thumbs and pointer finger make triangle (without touching)
- 4) Ball contacts only the finger pads

5) Extends arms upward on contact, follow through up and toward target resulting in an upward arc pathway over the net/rope

1	2	3	4	5	6**	7**
Student does not	The two-hand	The two-hand	The two-hand	Student	Demonstrates one	Demonstrates two
use the two-hand	overhead	overhead pattern	overhead pattern	catches a self-	level of growth from	levels of growth from
overhead pattern	pattern is used	is used to	is used to	tossed ball and	the Level 5 criteria	the Level 5 criteria
on at least three	to strike/volley	strike/volley the	strike/volley the	uses an	descriptor for this	descriptor for this
of the four	the ball, and at	ball, and at least	ball, and all four	overhand throw	particular grade- or	particular grade- or
attempts.	least three	three attempts	attempts cross the	pattern (for	course-level	course-level
	attempts cross	cross the	net/rope and are	distance or	expectation.	expectation.
OR	the net/rope	net/rope and are	within one step of	force).		
	and are within	within one step of	the target.			
Three or four of	one step of the	the target.				
the four	target.		AND	AND		
strikes/volleys do	AND	AND	AND	AND		
not cross the net.	AND	AND				
OR			Demonstrates all			
	Demonstrates	Demonstrates	five critical	Demonstrates		
Three or four of	one or two of	three or four of	elements* of a	all five of the		
the four	the five critical	the five critical	mature pattern on	critical		
strikes/volleys	elements* of a	elements* of a	three of the four	elements* of a		
are not within	mature pattern	mature pattern on	attempts.	mature pattern.		
one step of the	on three of the	three of the four	,	'		
thrower.	four attempts.	attempts.				

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## C. Forehand Striking

Using a forehand striking pattern, the student uses a paddle or appropriately sized tennis racket to strike a hand-sized ball against a wall for four consecutive hits.

### Critical Elements

- 1) Racket back and side to target in preparation for striking
- 2) Ball is contacted at or just below waist level
- 3) Maintains adequate swing distance between body and ball (elbow away from body)
- 4) Steps into the swing OR shifts weight onto opposite foot
- 5) Swings low to high

1	2	3	4	5	6**	7**
Student is unable	Student is able	Student is able to	Student is able to	Student is able	Demonstrates one	Demonstrates two
to rally for four consecutive hits.	to use a forehand stroke and rally for four consecutive	use a forehand stroke and rally for four consecutive hits.	use a forehand stroke and rally for four consecutive hits.	to use a forehand stroke and rally for four consecutive	level of growth from the Level 5 criteria descriptor for this particular grade- or course-level	levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level
OR	hits.			hits.	expectation.	expectation.
		AND	AND			
Does not use the forehand striking	AND			AND		
pattern on three or more of the		Demonstrates three or four of	Demonstrates all five critical			
attempts.	Demonstrates one or two of the five critical elements* of a mature pattern on three of the four attempts.	the five critical elements* of a mature pattern on three of the four attempts.	elements* of a mature pattern on three of the four attempts.	Demonstrates all five critical elements* of a mature pattern on all four attempts.		

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### D. Invasion Game Task

Student demonstrates basic offensive skills (sending and receiving) with a partner against a passive defender (2 vs. 1). Assessment includes four attempts.

## Critical Elements:

- 1) Sends a receivable pass
- 2) Leads the receiver
- 3) Moves to successfully create an open space for receiving the pass
- 4) Maintains adequate spacing in relation to teammate
- 5) Receives the pass and maintains control of the object and body

1	2	3	4	5	6**	7**
Student remains stationary during three or four of the four receiving attempts.	Demonstrates one or two of the five critical elements* on three of the four passing and receiving attempts.	Demonstrates three or four of the five critical elements* on three of the four passing and receiving attempts.	Demonstrates all five critical elements* on three of the four passing and receiving attempts.	Demonstrates all five critical elements* on all four passing and receiving attempts.	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.

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## E. Gymnastics Routine

Student performs a teacher or student created educational gymnastics floor routine one time.

### Critical Elements:

- 1) Includes a total of 4 different balances inclusive of a beginning and ending balance
- 2) All balances must demonstrate stillness for 3 seconds
- 3) All balances must be on a different base of support
- 4) Includes two different weight transfer skills

1	2	3	4	5	6**	7**
Zero or one of the five criteria are met.	Two of the five criteria are met.	Three of the five criteria are met.	Four of the five criteria are met.	All five of the five criteria are met.	Demonstrates one level of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.	Demonstrates two levels of growth from the Level 5 criteria descriptor for this particular grade- or course-level expectation.