Student Growth Recording Sheet

**PERFORM-LOCOMOTOR**

**0-MATURE PATTERN NOT MET 1-MATURE PATTERN MET 5+ STUDENT EXCEEDS LEVEL 5**

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| **Mature Patterns** | **HOP**  Forward, 1ft to 1ft, knee bent, airborne (10 or more sec.) | **GALLOP**  Forward, balls of feet, step-close, hips forward, airborne (no foot drag); 10 or more sec. | **SKIP**  Forward, rhythmical, step/hop, alternate feet, airborne; 10 or more sec. | **SLIDE**  Sideways direction, balls of feet, step-close, hips forward, airborne (no foot drag); 10 or more sec. | **LEVEL 5**  Demonstrates mature pattern of all four locomotor skills with fluid motion (graceful and flowing) | **OVERALL** | **LEVEL OF GROWTH** |
| **LOCOMOTOR** | **PRE/POST** | **PRE/POST** | **PRE/POST** | **PRE/POST** | **PRE/POST** | **PRE/POST** | **GROWTH** |
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