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| Students | The two hand overhead pattern was used to strike/volley the ball on all 4 attempts | Body aligned and positioned under the ball | Knees and elbows bent in preparation for the volley | Hands rounded; thumbs and pointer finger make triangle without touching | Ball contacts only the finger pads | Extend arms upward on contact and follow through | Pre/Post  | Overall Growth |
| Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post | Pre/Post |
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OVERHEAD VOLLEY

0-CRITICAL ELEMENT NOT MET 1-CRITICAL ELEMENT MET