**Physical Education Waiver**

School Based Activities

Houston High School



\*The following are approved activities that can take the place of the Physical Education credit for HHS students. Full completion of the activity/sport must be met for the specific amount of time to mee the replacement of the PE credit.

1. Boys Football
2. Girls Soccer
3. Girls Volleyball
4. Girls Cross Country
5. Boys Cross Country
6. Boys Golf
7. Girls Golf
8. Boys Swimming
9. Girls Swimming

 10.) Competitive Cheer

 11.) Boys Basketball

 12.) Girls Basketball

 13.) Boys Bowling

 14.) Girls Bowling

 15.) Boys Wrestling

 16.) Girls Pom

 17.) Boys Baseball

 18.) Girls Softball

 19.) Boys Track

 20.) Girls Track

 21.) Boys Tennis

 22.) Girls Tennis

 23.) Boys Soccer

 24.) Girls Lacrosse

 25.) Boys Lacrosse

 26.) Coed Trapshooting

 27.) Performers (minimum of 2 play/musical) HHS Theater