**Maximizing Student Engagement**

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*PE Lesson Flow Chart*

1. **Lesson Intro & Objectives**

\*1-2 Minutes

-Explain WHAT students will be learning

-Explain HOW students will be learning

-Explain WHAT students will accomplish by end of lesson

1. **Instant Activity and/or Warm-Up**

\*3-5 Minutes

-Maximize this time to complete procedural tasks (i.e., attendance)

1. **Skill Demonstration & Activity Overview**

\*2-3 Minutes

-Student demonstrations should be encouraged

-Rules and examples given to briefly go over activity/game

1. **Main Activity (Bulk of your M.V.P.A)**

\*30-40 Minutes

-Circulate during activity (back-to-the-wall-method of instruction)

-Provide skill feedback, corrections, and modifications through teacher observation

-Maximize excitement via music, technology, and/or academic integrations

1. **Lesson Closure & Review**

\*2-3 Minutes

-Review lesson objectives to determine if student’s accomplished tasks for lesson

-Review main skills or topics of lesson to reinforce student understanding