**Climbing Unit Rubric - SOLO Taxonomy**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Concept/ Standard | Prestructural | Unistructural | Multistructural | Relational | Extended Abstract  extendedabstract.png |
| *Corresponding grade* | F | D/CD | C/BC | B/AB | AB/A |
| Movement Patterns - Belaying  S1.H1.L1 | I know nothing about belay technique or belay team roles | I can demonstrate correct technique in one belay team role | I can demonstrate correct technique in several different belay team roles | … and I can explain why I use the technique for each belay team role | ...and constructively support my peers/ the climber when part of a belay team |
| Movement Concepts/ Patterns  S1.H1.L1  S2.H1.L1  S2.H3.L1 | I know nothing about climbing technique | I can tell you & demonstrate one thing about climbing technique | I can describe several elements of proper climbing technique *and demonstrate some of them* | ...and explain why these should be used when climbing | ...and evaluate either my own or a peers performance based on my knowledge of climbing techniques |
| Health and Challenge  S5.H2.L2 | I do not know how to challenge myself when climbing | I can recognise when something is challenging for me and attempt it sometimes | I challenge myself in multiple ways when climbing (different climbs) | ...and explore additional ways to challenge myself further when climbing  (speciality climbs) | ...and can create/ follow a climbing route that fits my climbing ability |
| Respect, Etiquette & Safety  S4.H2.L1  S4.H5.L1 | I have no idea what safety checks and climbing commands I should use when climbing | I have one idea about the safety checks and climbing commands I should use when climbing | I have several idea about the safety checks and climbing commands I should use when climbing | ...and I apply this knowledge **EVERY** time I climb or am part of the belay team | ...and help be a role model by modelling and showing my peers how/why they should use this protocol when climbing |
| Working with others  S4.H3.L2 | I need help to work in a group and interact with others | I can work in a group with my friends. I can interact with others 1-1. I can participate in a team | I can work in a group with anyone in my class/ group/ team | ...and respond positively to the needs of others | ...and reflect on how well I work with the group and seek feedback on how I can improve |

**Climbing unit- Personal Log**

***Name: Period:***

Complete the log each day of the climbing unit.

|  |  |  |
| --- | --- | --- |
| Type of Climb | Date completed | Comments |
| Attempted Climb over 10ft |  |  |
| Completed climb 1-7 (specify which ones you have completed | ▢ 1  ▢ 2  ▢ 3  ▢ 4  ▢ 5  ▢ 6  ▢ 7 |  |
| Blindfold Climb | ▢ attempt  ▢ completed |  |
| Partner Climb | ▢ attempt  ▢ completed |  |
| Rappel | ▢ attempt  ▢ completed |  |
| Arms only climb |  |  |
| Duck Climb | ▢ attempt  ▢ completed |  |
| Route |  |  |

Tally the number of times you fulfil each role

|  |  |  |  |
| --- | --- | --- | --- |
| Primary Belayer | Back-up Belayer | Anchor | Rope Tender |
|  |  |  |  |