DIABETES TRAINING

**3 Levels of Proficiency:**

Level 1: Awareness

Basic information that should be reviewed by anyone who comes in contact with a student who has type 1 diabetes: teachers, non-teaching school staff, bus drivers, playground monitors, before- and after-school program staff, extracurricular leaders, and so on.

*School Level Administration, assistants, teachers*

* Identify the student who has Type 1 Diabetes (504/IEP?)
* [Type 1 diabetes: An overview](https://www.diabetesatschool.ca/awareness/overview)
* [Type 1 diabetes at school: Rights and responsibilities](https://www.diabetesatschool.ca/awareness/rights-and-responsibilities)
* [Low blood sugar: What it is, and what to do](https://www.diabetesatschool.ca/uploads/docs/D%40S-Hypo.pdf)
* [High blood sugar: What it is, and what to do](https://www.diabetesatschool.ca/uploads/docs/D%40S-Hyper.pdf)
* [Preparing for and preventing emergencies](https://www.diabetesatschool.ca/awareness/emergencies)
* [10 things school staff should know about type 1 diabetes](https://www.diabetesatschool.ca/awareness/10-things)
* [How teachers can support students with type 1 diabetes](https://www.diabetesatschool.ca/awareness/support)

Level 2: Literacy

Detailed information and resources suitable for classroom teachers and all school personnel who have responsibility for students with diabetes throughout the day.

*Teachers, Coaches*

* Identify the student who has Type 1 Diabetes (504/IEP?)
* Type 1 diabetes: An overview
* Type 1 diabetes at school: Rights and responsibilities
* Low blood sugar: What it is, and what to do
* High blood sugar: What it is, and what to do
* Preparing for and preventing emergencies
* Understanding blood glucose (blood sugar)
* Food and type 1 diabetes: What school staff need to know
* Physical activity and type 1 diabetes: What school staff should know
* Communications between home and school
* Managing type 1 diabetes: What can children do?
* 10 things school staff should know about type 1 diabetes
* How teachers can support students with type 1 diabetes

Level 3: Expertise

School staff who have been designated to provide emergency care and routine support to students with type 1 diabetes throughout the day.

*Nurses, coaches and teacher who have volunteered to provide emergency support to specific students*

* Identify the student who has Type 1 Diabetes (504/IEP?)
* Type 1 diabetes: An overview
* Type 1 diabetes at school: Rights and responsibilities
* Low blood sugar: What it is, and what to do
* High blood sugar: What it is, and what to do
* Preparing for and preventing emergencies
* Understanding blood glucose (blood sugar)
* Food and type 1 diabetes: What school staff should know
* Physical activity and type 1 diabetes: What school staff should know
* Monitoring blood sugar: What, when and how
* Insulin: What school staff should know
* Glucagon: What it is and how to use it
* Continuous Glucose Monitoring (CGM)
* Communications between home and school
* Managing type 1 diabetes: What can children do?